

2019 List of NPCs Widely and Regularly Practising Para Powerlifting (Total: 102)

Africa	
NPC Code	Country
ALG	Algeria
BEN	Benin
CMR	Cameroon
CAF	Central African Republic
CGO	Congo
CIV	Côte d'Ivoire
EGY	Egypt
GAM	Gambia
GHA	Ghana
GUI	Guinea
KEN	Kenya
LBR	Liberia
LBA	Libya
MLI	Mali
MAR	Morocco
NGR	Nigeria
RWA	Rwanda
SLE	Sierra Leone
RSA	South Africa
TAN	Tanzania
TOG	Togo
TUN	Tunisia
UGA	Uganda
<b>Total</b>	<b>23</b>

Americas	
NPC Code	Country
ARG	Argentina
ARU	Aruba
BRA	Brazil
CAN	Canada
CHI	Chile
COL	Colombia
CRC	Costa Rica
CUB	Cuba
DOM	Dominican Republic
ECU	Ecuador
ESA	El Salvador
GUA	Guatemala
HON	Honduras
MEX	Mexico
NCA	Nicaragua
PAN	Panama
PER	Peru
USA	United States of America
VEN	Venezuela
<b>Total</b>	<b>19</b>

Oceania	
NPC Code	Country
AUS	Australia
NZL	New Zealand
<b>Total</b>	<b>2</b>

*The 2019 List of NPCs Widely and Regularly Practising Para Powerlifting includes only NPCs that are in good standing with the IPC and have had one or more athletes licensed, the process necessary to participate in a recognised World Para Powerlifting competition, within the last two years.*

Asia	
NPC Code	Country
AFG	Afghanistan
BRN	Bahrain
CHN	China
TPE	Chinese Taipei
IND	India
INA	Indonesia
IRI	Iran
IRQ	Iraq
JPN	Japan
JOR	Jordan
KAZ	Kazakhstan
KOR	Korea
KUW	Kuwait
KGZ	Kyrgyzstan
LAO	Laos
MAS	Malaysia
MGL	Mongolia
MYA	Myanmar
NEP	Nepal
OMA	Oman
PHI	Philippines
KSA	Saudi Arabia
SGP	Singapore
SYR	Syria
TJK	Tajikistan
THA	Thailand
TKM	Turkmenistan
UAE	United Arab Emirates
UZB	Uzbekistan
VIE	Vietnam
YEM	Yemen
<b>Total</b>	<b>31</b>

Europe	
NPC Code	Country
ARM	Armenia
AZE	Azerbaijan
BLR	Belarus
BUL	Bulgari
CYP	Cyprus
CZE	Czech Republic
EST	Estonia
FIN	Finland
FRA	France
GEO	Georgia
GBR	Great Britain
GRE	Greece
HUN	Hungary
IRL	Ireland
ISR	Israel
ITA	Italy
LAT	Latvia
LTU	Lithuania
MDA	Moldova
NED	Netherlands
POL	Poland
POR	Portugal
SRB	Serbia
SVK	Slovakia
ESP	Spain
TUR	Turkey
UKR	Ukraine
<b>Total</b>	<b>27</b>

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