

## Appendix 10: Equipment Requirements

### Approved Equipment Suppliers

Supplier	Tier	Approved Items							
		Validity	Bench	Bar	Collar	Disc	Platform	Rack	Accessories
<b>ELEIKO</b> 	1/2	2024	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>ZKC</b> 	2	2024	Yes	Yes	Yes	Yes	Yes	Yes	Yes

### Approved Uniform Suppliers

Supplier	Approved Items				
	Validity	Suit	Shirt	Wrist Wraps	Belt
<b>ELEIKO</b> 	2024	Yes	Yes	Yes	Yes
<b>BIGSER</b>  <b>BIGSER</b>	2024	Yes	Yes	Yes	Yes
<b>Limitless Identity Fashion</b> 	2024	Yes	Yes	Yes	Yes

## Requirements per Competition

Type of Competition	WPPO Approved Equipment Required			Total Number of Sets
Paralympic Games	Benches	Competition	1	45
		Warm Up	12	
		Training	32	
	Set of Discs	*Field of Play	1	45
		**Competition	12	
		***Training	32	
Bars	Bars	45	45	
Jr & Sr World Championships	Benches	Competition	1	33
		Warm Up	20	
		Training	12	
	Set of Discs	* Field of Play	1	33
		** Competition	20	
		***Training	12	
Bars	Bars	33	33	
Regional Championships / Regional Games (Asia)	Benches	Competition	1	26
		Warm Up	15	
		Training	10	
	Set of Discs	* Field of Play	1	26
		** Competition	15	
		***Training	10	
Bars	Bars	26	26	
Regional Championships / Regional Games	Benches	Competition	1	21
		Warm Up	10	
		Training	10	
	Set of Discs	* Field of Play	1	21
		** Competition	10	
		***Training	10	

Type of Competition	WPPO Approved Equipment Required			Total Number of Sets
	Bars	Bars	21	21
World Cups / Sub-Regional Games	Benches	Competition	1	10
		Warm Up	6	
		Training	3	
	Set of Discs	* Field of Play	1	10
		** Competition	6	
		***Training	3	
Bars	Bars	10	10	
Youth Para Games / Invitational competition	Benches	Competition	1	6
		Warm Up	4	
		Training	1	
	Set of Discs	**Competition	1	6
		***Training	4	
		***Training	1	
Bars	Bars	6	6	
National Competition	Benches	Competition	1	3
		Warm Up	2	
		Training	0	
	Set of Discs	**Competition	1	3
		***Training	2	
		***Training	0	
Bars	Bars	3	3	

### *Set of Discs*

\* Field of Play = 315.5kg

\*\* Competition = 265.5kg

\*\*\*Training = 215.5kg

*The set of discs (kg) exclude the bar (20kg) and pair of collars (5kg).*

1 x Field of Play Disc Set		
Weight Disc (kg)	Quantit y	Total Weight (kg)
25	8	200
20	2	40
15	2	30
10	2	20
5	2	10
2.5	2	5
2	2	4
1.5	2	3
1	2	2
0.5	2	1
0.25	2	0.5
	<b>28</b>	<b>315.5</b>

1 x Competition Disc Set		
Weight Disc (kg)	Quantit y	Total Weight (kg)
50	0	0
25	6	150
20	2	40
15	2	30
10	2	20
5	2	10
2.5	2	5
2	2	4
1.5	2	3
1	2	2
0.5	2	1
0.25	2	0.5
	<b>26</b>	<b>265.5</b>

1 x Training Disc Set		
Weight Disc (kg)	Quantit y	Total Weight (kg)
50	0	0
25	4	100
20	2	40
15	2	30
10	2	20
5	2	10
2.5	2	5
2	2	4
1.5	2	3
1	2	2
0.5	2	1
0.25	2	0.5
	<b>24</b>	<b>215.5</b>

Note: Sets of 50kg discs will be required in addition to the Field of Play Disc Set in accordance with the level of competition.