

AMENDMENTS TO WORLD PARA ATHLETICS RULES AND REGULATIONS 2020-2021

Page	Rule	Action	Previous Rule	New Rule	Rationale
			Rule 2: Description of Officials and Their Duties	Rule 2: Description of Officials and Their Duties	
42	2.13	Amend (delete)	<p>2.13 Referees</p> <p>...</p> <p>5. A Referee shall have authority to warn or exclude from competition, any athlete or relay team guilty of acting in an unsporting or improper manner or under Rules 6.1, 6.18, 7, 17.5, 18.17, 18.18, 24.2, 24.5, 24.19 or 49.8(h)). In case of a disciplinary matter, the Call Room Referee has authority starting from the Warm-up Area up to the competition area. In all other instances, the Referee applicable to the event in which the athlete is or was competing, shall have authority.</p> <p>...</p>	<p>2.13 Referees</p> <p>...</p> <p>5. A Referee shall have authority to warn or exclude from competition, any athlete or relay team guilty of acting in an unsporting or improper manner or under Rules 6.1, 6.18, 7, 17.5, 18.17, 18.18, 24.2, 24.5, 24.19 or 49.8(h)). In case of a disciplinary matter, the Call Room Referee has authority starting from the Warm-up Area up to the competition area. In all other instances, the Referee applicable to the event in which the athlete is or was competing, shall have authority.</p> <p>...</p>	To reflect the proposed amendment under Rule 6 below.
54	2.24	Amend (delete and add)	<p>2.24 Call Room Judges</p> <p>...</p> <p>The Call Room Judges shall ensure that athletes are wearing the national or Club uniform clothing officially approved by their national governing body, that the bibs are worn correctly and correspond with start lists, that shoes, number and dimension of spikes, inspection of eye masks, tether, racing chairs and throwing frames, measurement of Maximum Allowable Standing Height (see Rule 6.13) advertising on clothing and athletes' bags comply with the Rules and Regulations and that unauthorised material is not taken into the arena.</p>	<p>2.24 Call Room Judges</p> <p>...</p> <p>The Call Room Judges shall ensure that athletes are wearing the national or Club uniform clothing officially approved by their national governing body, that the bibs are worn correctly and correspond with start lists; that shoes, number and dimension of spikes, inspection of eye masks, tethers, racing chairs and, RaceRunning frames, throwing frames, measurement of Maximum Allowable Standing Height (see Rule 6.1312.2), and advertising on clothing and athletes' bags comply with the Rules and Regulations; and that unauthorised material is not taken into the arena.</p>	To add clarity by removing unnecessary wording.
55	2.24 Comment	Amend (delete and add)	<p>COMMENT:</p> <p>...</p> <p>Call Room Judges play another extremely important role which relates to the inspection of the equipment being used by some</p>	<p>COMMENT:</p> <p>...</p> <p>Call Room Judges play another extremely important role which relates to the inspection of the equipment being used by some</p>	

			<p>athletes such as tethers, eye patches, eye masks, wheelchairs and throwing frames.</p> <p>...</p> <p>It should be noted that T11 athletes must have one (1) guide-runner and may have two guide-runners for 5000m or longer races, whereas a T12 athlete may have one (1) guide-runner or two if it is 5000m or longer. If a T11 athlete intends to run with two guide-runners, such request must be submitted to the Technical Delegate(s) in advance and the specifics of which lap the guide-runner exchange will occur must be indicated on the request document.</p>	<p>athletes such as tethers, eye patches, eye masks, wheelchairs and throwing frames. They are also responsible for ensuring athletes in Sport Classes T/F61-62 do not exceed their Maximum Allowable Standing Height (see Rule 6.12.2).</p> <p>...</p> <p>It should be noted that T11 athletes must have one (1) guide-runner and may have two guide-runners for 5000m or longer races, whereas a T12 athlete may have one (1) guide-runner or two (2) guide-runners if it is for races of 5000m or longer. If a T11 or T12 athlete intends to run with two guide-runners, such request must be submitted in races of 5000m or longer, the intention to the Technical Delegate(s) in advance and interchange guide-runners, as well as the specifics of which lap in track events and at which distance in road events the guide-runner exchange will occur, must be indicated or notified in advance to the request document. Referee and Technical Delegate in accordance with the regulations of the respective competition.</p>	<p>Amended to provide clarity on the responsibilities of the Call Room Judges and generally on this rule.</p>
			Rule 4: Age, Gender Categories and Mixed Competition	Rule 4: Age, Gender Categories and Mixed Competition	
57	4.1	Amend (delete and add)	<p>Age Categories</p> <p>1. The following age groups are recognised by WPA:</p> <p>a) Master Men and Women: Any athlete who has reached his/her 35th birthday</p> <p>b) Under-20 (U20) Men and Women: Any athlete of 17, 18 or 19 years on 31 December in the year of the competition;</p> <p>c) Under-17 (U17) Boys and Girls: Any athlete of 14, 15 or 16 years on 31 December in the year of the competition.</p>	<p>Age Categories</p> <p>1. The following age groups are recognised by WPA:</p> <p>a) Master Men and Women: Any athlete who has reached his/her 35th birthday</p> <p>b) Under-20 (U20) Men and Women: Any athlete of 17, 18 or 19 years on 31 December in the year of the competition;</p> <p>c) Under-17 (U17) Boys Men and Girls Women: Any athlete of 14, 15 or 16 years on 31 December in the year of the competition.</p>	
			Rule 5: Entries	Rule 5: Entries	
63	5.5	Amend cross reference	<p>5.5 Failure to Report to the Call Room(s)</p> <p>...</p>	<p>5.5 Failure to Report to the Call Room(s)</p> <p>...</p>	<p>Cross - reference amended due to the</p>

			It is important to note that if the athlete has been listed as "DNS" on the results sheet, he shall be excluded from all further events of the competition (save where the "DNS" is as a result of Rule 6.21).	It is important to note that if the athlete has been listed as "DNS" on the results sheet, he shall be excluded from all further events of the competition (save where the "DNS" is as a result of Rule 6.21 16).	renumbering under Rule 6.
			Rule 6: Clothing, Shoes, Athlete Bibs, Prosthetics and Orthotics, Eye mask, Tether, Non-compliance on Equipment and Helmets	Rule 6: Clothing, Shoes, Athlete Bibs, Prosthetics and Orthotics, Eye mask, Tether, Non-compliance on Equipment and Helmets	
63	6.1	Amend (delete and add)	<p>Clothing</p> <p>1. In all events athletes and guides must wear clothing that is clean and designed and worn so as not to be objectionable. The clothing must be made of a material which is non-transparent even if wet. Athletes must not wear clothing that could impede the view of the Judges.</p> <p>Where appropriate, athletes shall participate in the uniform clothing approved by their national governing body. The Victory Ceremony and any lap of honour are considered part of the competition for this purpose.</p> <p>...</p> <p>COMMENT:</p> <p>...</p> <p>Where an athlete removes an article of clothing inappropriately, such as taking off his top after the finish of an event to show off his body, he should normally be issued a yellow card for unsporting conduct. This shall be shown on the results card for the event as "YC – Rule 8.2". If this happens a second time a second yellow card and red card disqualification will be issued and shown on the results sheet as "YRC – Rule 8.2".</p>	<p>6.1 Clothing</p> <p>6.1.1 In all events, athletes and guides must wear clothing that is clean, and designed and worn so as not to be objectionable. The clothing must be made of a material which is non-transparent even if wet. Athletes must not wear clothing that could impede the view of the Judges.</p> <p>6.1.2 Any athlete who removes an article of clothing inappropriately, such as taking off his top after the finish of an event to expose his torso, shall, for a first offence in that Competition, be warned by the Referee in accordance with Rule 2.13.5. For a second offence in that Competition, the Referee shall disqualify the athlete in accordance with Rule 2.13.5.</p> <p>6.1.3 Where appropriate, athletes shall participate in the uniform clothing approved by their national governing body. The Victory Ceremony and any lap of honour are considered part of the competition for this purpose.</p> <p>...</p> <p>COMMENT:</p> <p>...</p> <p>Where an athlete removes an article of clothing inappropriately, such as taking off his top after the finish of an event to show off his body, he should normally be issued a yellow card for unsporting conduct. This shall be shown on the results card for the event as "YC – Rule 8.2". If this happens a second time a second yellow card and red card disqualification will be issued and shown on the results sheet as "YRC – Rule 8.2".</p>	The amendments provide clarity and consistency on the disciplinary action when athletes do not comply with this rule.

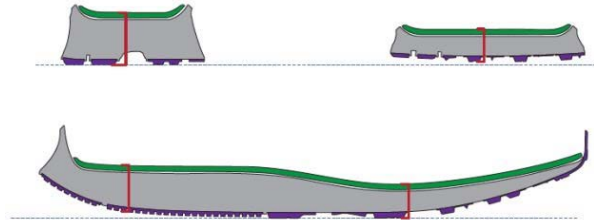
64	6.2	Amend (delete and add)	<p>Shoes</p> <p>2. Athletes may compete barefoot or with footwear on one or both feet. The purpose of shoes for competition is to give protection and stability to the feet and a firm grip on the ground. Such shoes, however, must not be constructed so as to give an athlete any unfair additional assistance, including by the incorporation of any technology that could give the wearer any unfair advantage. A shoe strap over the instep is permitted. Competition shoes are subject to approval by WPA. Any type of shoe used must be reasonably available to all in the spirit of the universality of athletics.</p> <p>Note (i): Adapting a shoe to suit the characteristic of a particular athlete's foot is permitted if made in accordance with the general principles of these Rules.</p> <p>Note (ii): Where evidence is provided to the WPA that a type of shoe being used in competition does not comply with the Rules or the spirit of them, it may refer the shoe for study and if there is non-compliance may prohibit such shoes from being used in competition.</p> <p>COMMENT: There may be instances where an athlete with a physical impairment, such as a clubfoot may need to wear a shoe which does not meet the normal requirements. As long as the shoe does not give the athlete any unfair additional assistance it should be allowed.</p>	<p>6.2 Shoes - General</p> <p>6.2.1 Athletes may compete barefoot or with footwear on one or both feet. The purpose of shoes for competition is to give protection and stability to the feet and a firm grip on the ground. Such shoes, however, They must not be constructed so as to give an athlete any unfair additional assistance, including by the incorporation of any technology that could give the wearer any unfair or advantage. A</p> <p>6.2.2 Any shoe strap over the instep is permitted, which appears on the World Athletics list of approved competition shoes, updated and published from time to time by World Athletics, may also be used in corresponding events in WPA Competitions. Any shoe not on such list must comply with all other terms of Rules 6.2 - 6.6 inclusive and 6.10 in order to be used in WPA Competition. shoes are subject to approval by WPA.</p> <p>COMMENT: For example, if a shoe is listed on the World Athletics list of approved competition shoes in the category "track from 800m", athletes may also use this shoe for World Para Athletics track events of 800m or longer.</p> <p>6.2.3 Any type of shoe used must be reasonably available to all in the spirit of the universality of athletics. A shoe that meets the criteria set out in this Rule 6.2 may be customised to suit the characteristics of a particular athlete's foot. However, one-off shoes made to order (i.e., that are only ones of their kind) are not permitted.</p> <p>Note (i): Adapting a shoe to suit the characteristic of a particular athlete's foot is permitted if made in accordance with the general principles of these Rules.</p> <p>6.2.4 Note (ii): Where evidence is provided to the WPA has reason to believe that a type of shoe being used in competition does or specific shoe technology may not comply with the Rules letter or the spirit of them Rules 6.2 – 6.6, it may refer the shoe or shoe technology for study detailed examination and if there is non-compliance it may prohibit the use of such shoes from being used or technology in competition pending examination.</p>	Aligned with the 15 July 2020 World Athletics Amendments
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				<p>COMMENT: There may be instances where an athlete with a physical impairment, such as a clubfoot may need to wear a shoe which does not meet the normal requirements. As long as the shoe does not give the athlete any unfair additional assistance it should be allowed.</p>	
65	6.3 6.4	Amend (delete and add)	<p>Number of Spikes</p> <p>3. The sole and heel of the shoes and/or prosthetic(s) shall be so constructed as to provide for the use of up to 11 spikes. Any number of spikes up to 11 may be used. The number of spike positions shall not exceed 11.</p> <p>Dimensions of Spikes</p> <p>4. That part of each spike which projects from the sole or the heel shall not exceed 9mm except in the High Jump and Javelin Throw, where it shall not exceed 12mm. The spike must be so constructed that it will, at least for the half of its length closest to the tip, fit through a square sided 4mm gauge. If the track manufacturer or the stadium operator mandates a lesser minimum this shall be applied.</p> <p>Note: The surface must be suitable for accepting the spikes required by the rule.</p>	<p>6.3 Shoes - Number of Spikes</p> <p>3.The sole and heel of the shoes and/or prosthetic(s) shall shall (including the part beneath the athlete's heel) may be so constructed as to provide for the use of up to 11 spikes. Any number of spikes up to 11 may be used. The but the number of spike positions shall not exceed 11.</p> <p>6.4 Shoes - Dimensions of Spikes</p> <p>4.That part of each spike which projects from the sole or the heel shall not exceed 9mm except in the High Jump and Javelin Throw, where it shall not exceed 12mm. The spike must be so constructed that it will, at least for the half of its length closest to the tip, fit through a square sided 4mm gauge. If the track manufacturer or the stadium operator mandates a lesser minimum, or disallows the use of certain shape spikes, this shall be applied.</p> <p>Note: The surface must be suitable for accepting the spikes required by the permitted under this rule.</p>	Aligned with the 15 July 2020 World Athletics Amendments
65	6.5	Amend (delete and add)	<p>The Sole and the Heel</p> <p>5. The sole and/or heel may have grooves, ridges, indentations or protuberances, provided these features are constructed of the same or similar material to the basic sole itself.</p> <p>In the High Jump and Long Jump, the sole shall have a maximum thickness of 13mm and the heel in High Jump shall have a maximum thickness of 19mm. In all other events the sole and/or heel may be of any thickness.</p> <p>Note: The thickness of the sole and heel shall be measured as the distance between the inside top side and the outside under</p>	<p>6.5 Shoes - The Sole and the Heel</p> <p>6.5.1 The sole and/or of the shoe (including the part beneath the athlete's heel) may have grooves, ridges, indentations or protuberances, provided these features are constructed of the same or similar material to the basic sole itself. The maximum thickness of the sole of the shoe is set out at Rule 6.10.</p> <p>In the High Jump and Long Jump, the sole shall have a maximum thickness of 13mm and the heel in High Jump shall have a maximum thickness of 19mm. In all other events the sole and/or heel may be of any thickness.</p>	Aligned with the 15 July 2020 World Athletics Amendments

side including the above-mentioned features and including any kind or form of loose inner sole.

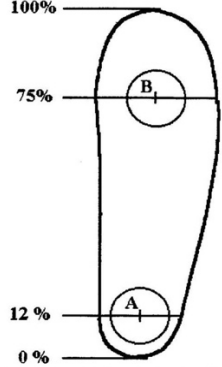
Note (i): The thickness of the sole and heel shall be measured when the shoe is not being worn, at the centre of the athlete's forefoot and the centre of the athlete's heel as the distance between the inside top side and the outside under side that contacts the ground, including the above-mentioned features and also including any kind or form of loose inner sole- or other appliance or insert. See Figure (1) below:

Figure (1) – Measuring the thickness of the sole



Note (ii): The centre of the athlete's forefoot is the centre point of the shoe at 75% of its internal length. The centre of the athlete's heel is the centre point of the shoe at 12% of its internal length. See Figure (2), below. For a standard sample unisex size 42 (EUR), the centre of the athlete's forefoot will be the centre point of the shoe approximately 203mm from the inside back of the shoe, and the centre of the athlete's heel will be the centre point of the shoe approximately 32mm from the inside back of the shoe.

Figure (2) – Location for measurement of the centre of the forefoot and heel

				 <p>Note (iii): The maximum sole thicknesses referred to in Rule 6 are based on the sole thickness of a standard sample unisex size 42 (EUR). WPA acknowledges that a shoe above that standard sample size might contain a marginally thicker sole than that of a standard sample size shoe of the same make and model, which marginal increase in sole thickness is only attributable to the larger size of the shoe. Such marginal increases will be disregarded for the purposes of confirming compliance with these Rules.</p>	
67	6.6	Amend (delete and add)	<p>Inserts and Additions to the Shoe</p> <p>6. Subject to the permission granted, athletes may not use any appliance, either inside or outside the shoe, which will have the effect of increasing the thickness of the sole above the permitted maximum, or which can give the wearer any advantage which he would not obtain from the type of shoe described in the previous paragraphs.</p> <p>COMMENT: As previously noted, there may be instances where an athlete with a physical impairment, such as a club foot may need to wear a shoe which does not meet the normal requirements. As long as the shoe does not give the athlete any unfair additional assistance it should be allowed.</p>	<p>6.6 Shoes - Inserts and Additions to the Shoe</p> <p>6. Subject to the permission granted, athletes Athletes may not use any appliance, either inside or outside the shoe, which will have the effect of increasing the thickness of the sole above the permitted maximum, or which can give the wearer any advantage which he would not obtain from the type of shoe described in the previous paragraphs.</p> <p>COMMENT: As previously noted, there may be instances where an athlete with a physical impairment, such as a club foot may need to wear a shoe which does not meet the normal requirements. As long as the shoe does not give the athlete any unfair additional assistance it should be allowed. Please refer to the further rules on shoes set out at Rules 6.8 (Non-Compliance) and 6.10 (Moratorium) below.</p>	Aligned with the 31 January 2020 World Athletics Amendments

67	6.9 6.11	Amend (delete and add)	<p>Athlete Bib</p> <p>7. Every athlete shall be provided with two bibs, which during the competition, shall be worn visibly on the breast and back, except in the Jumping Events, where one bib may be worn on the breast or back only. Either the athletes' names or other suitable identification will be allowed instead of numbers on any or all of the bibs. If numbers are used, they shall correspond with the number allocated to the athlete on the start list or in the programme. If track suits are worn during the competition, bibs shall be worn on the track suit in a similar manner.</p> <p>Note (i): One of the bibs shall be visibly displayed on the back of the racing chair and the throwing frame and on the side of the RaceRunning Frame.</p> <p>Note (ii): Athletes must not wear any bibs on their leg instead of on their breast or back.</p> <p>8. These bibs must be worn as issued and may not be cut, folded or obscured in any way. In long distance events, the bibs may be perforated to assist the circulation of air, but the perforation must not be made on any of the lettering or numerals that appear on them.</p> <p>9. Where Photo Finish System is in operation, the LOC may require athletes to wear additional number identification of an adhesive type on the side of their shorts.</p> <p><i>Note: For athletes competing in all individual and team track and road wheelchair races, these additional number identifications shall be worn on the helmet.</i></p> <p>10. No athlete shall be allowed to take part in any competition without displaying the appropriate bib(s) and/or identification.</p> <p>11. If an athlete does not follow this Rule in any way and: a) refuses the direction of the relevant Referee to comply; or b) participates in the competition, he shall be disqualified.</p>	<p>6.7 Athlete Bib</p> <p>6.7.1 Every athlete shall be provided with two bibs, which during the competition, shall be worn visibly on the breast and back, and and/or on his competition equipment (i.e., racing chairs, RaceRunning frames and throwing frames), as set out in the table below. except in the Jumping Events, where one bib may be worn on the breast or back only. Either the athletes' names or other suitable identification will be allowed instead of numbers on any or all of the bibs. If numbers are used, they shall correspond with the number allocated to the athlete on the start list or in the programme. If track suits are worn during the competition, bibs shall be worn on the track suit in a similar manner.</p> <p>[insert Bib Allocation Table – see the appendix 1 below]</p> <p>6.7.2 Note (i): One of the bibs shall be visibly displayed on the back of the racing chair and the throwing frame and on the side of the RaceRunning Frame: in accordance with the bib allocation table above.</p> <p>6.7.3 Note (ii): Athletes must not wear any bibs on their leg instead of on their breast or back.</p> <p>6.7.4 8. These bibs must be worn as issued and may not be cut, folded or obscured in any way. In long distance events, the bibs may be perforated to assist the circulation of air, but the perforation must not be made on any of the lettering or numerals that appear on them.</p> <p>6.7.5 9. Where a Photo Finish System is in operation, the LOC may require athletes to wear additional number identification of an adhesive type on the side of their shorts or lower body as determined by Call Room or other Technical Officials.</p> <p>Note: For athletes competing in all individual and team track and road wheelchair and RaceRunning races, these additional number identifications shall be worn on the helmet.</p>	Amended to provide clarity on the Bib Allocation.
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			<p>COMMENT: Rule 6.11 prescribes the sanction if any aspect of Rule 6 is not followed. It is expected however that where possible the relevant officials should request and encourage the athlete to comply and to advise him of the consequence if he does not. But where an athlete does not follow an aspect of the Rule during competition and it is not practical for an official to request compliance then disqualification may, or will, follow. It is a responsibility of the Starters Assistants and Umpires (for Track and Out of Stadium Events) and the Judges (for Field Events) to be vigilant on these matters and report any apparent breaches to the relevant Referee.</p> <p>In addition, it is important to note that athletes are required to wear the bib(s) as provided. Failure to do so may result in the issuance of a yellow card or red card, as appropriate. So, athletes may not bend, fold or manipulate the bib(s) in any way.</p>	<p>6.7.6–10. No athlete shall be allowed to take part in any competition without displaying the appropriate bib(s) and/or identification.</p> <p>6.8 Non-Compliance in relation to clothing, shoes and bibs</p> <p>11. If an athlete does not follow this Rule in any way part of any of the Rules 6.1 – 6.7 to and:</p> <p>a) refuses the direction of the relevant Referee or other official to comply; or b) participates in the competition, he shall be disqualified.</p> <p>COMMENT: This Rule 6.118 prescribes the sanction if any aspect of Rule any of the Rules 6.1 - 6.7 is not followed. It is expected however that where possible the relevant officials should request and encourage the athlete to comply and to advise him of the consequence if he does not. But where an athlete does not follow an aspect of the Rule during competition and it is not practical for an official to request compliance then athletes should note that disqualification may, or will, follow. It is a responsibility of the Starters Assistants and Umpires (for Track and Out of Stadium Events) and the Judges (for Field Events) to be vigilant on these matters and report any apparent breaches to the relevant Referee.</p> <p>In addition, it is important to note that athletes are required to wear the bib(s) as provided. Failure to do so may result in the issuance of a yellow card or red card, as appropriate. So, athletes may not bend, fold or manipulate the bib(s) in any way.</p>	<p>To provide clarity on which rules the sanction applies.</p> <p>To remove unnecessary wording in this section</p>
69	New Rule 6.9 6.10 6.11	Add		<p>6.9 Referee directions as to shoes</p> <p>6.9.1 If the Referee has a reasonable suspicion that a shoe worn by an athlete in a competition might not comply with the letter or spirit of the Rules, the Referee (or other official as directed by the Referee) may request and the athlete must immediately hand over the shoe to the Referee or such other official at the conclusion of the event for further investigation by WPA. However, where it has already been declared that a shoe does</p>	<p>Aligned with the 31 January 2020 World Athletics Amendments</p>

				<p>not comply with the spirit of the Rules, the relevant Referee shall immediately act in accordance with Rule 6.8.</p> <p>6.9.2 When shoes have been handed over by the athlete under this Rule and the athlete intends to subsequently compete in later rounds of the same event or in other events during the same competition, the Referee or other official shall ensure the shoes are available to the athlete to use in each such subsequent event. How, when and on what conditions the shoe is made available to the athlete during the competition is at the Referee’s discretion.</p> <p>6.10 Moratorium (shoes)</p> <p>6.10 Until further notice, unless specifically agreed by World Para Athletics in writing, any shoe used in competition:</p> <p>a) (except where Rule 6.10.(b) applies) must not contain more than one rigid plate or blade made from carbon fibre or another material with similar properties or producing similar effects, whether that plate runs the full length of the shoe or only part of the length of the shoe; and</p> <p>b) may contain one additional rigid plate or other mechanism only where used solely to attach spikes to the outer underside of the shoe; and</p> <p>c) must have a sole with a maximum thickness as set out in the table below.</p> <p>[insert table – see the appendix 2 below]</p> <p>Note (i): The one rigid plate or blade referred to in Rule 6.10(a) may be in more than one part but those parts must be located sequentially, in one plane, not in parallel (i.e., not stacked above each other), and must not overlap.</p> <p>6.11 Exceptions to Rules 6.2, 6.5, 6.6 or 6.10</p> <p>6.11.1 If an athlete presents with an anatomical limitation (for example leg length difference or foot deformity) that prevents adherence to the requirements of Rule 6.2, 6.5, 6.6 or 6.10, then an assessment shall be made by WPA in advance of the event and an exception may be granted.</p>	<p>Aligned with the 15 July 2020 World Athletics Amendments</p>
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				<p>6.11.2 The shoe worn by the athlete on the other non-impaired foot and/or leg must comply with the requirements of Rules 6.2, 6.5, 6.6 and 6.10.</p> <p>6.11.3 WPA may establish a process for applications under this Rule to be considered.</p>	
71	6.12 6.13 6.14	Amend (delete and add)	<p>Prostheses</p> <p>12. Athletes in Sport Classes T/F61-64, with lower limb deficiency and leg length difference (meeting the Minimum Impairment Criteria Sec. 2.1.4.1 and Sec. 2.1.7 of appendix one of the WPA Classification Rules and Regulations) may wear lower limb prosthetic device(s) in order to ensure both legs are balanced and to allow for symmetric movement during Competition. Such prosthetic device(s) shall not provide any other assistance to the athlete or breach any of the fundamental principles outlined in Part B – 7.1.</p> <p>COMMENT: WPA has conducted a thorough review of the WPA Classification Rules and Regulations, and as a result introduced new Sport Class T/F61-64. These classes are exclusively for athletes with lower limb deficiency (e.g. amputation, dysmelia) and leg length difference, provided such athletes meet the respective Minimum Impairment Criteria and compete with prosthetic device(s).</p> <p>a) In Track and Road Events, athletes in Sports Classes T61-64 shall compete with lower limb prosthetic device(s) and shall complete with such device(s). Failure to comply with this Rule, the competing athlete shall be disqualified.</p> <p>COMMENT: For athletes in Sports Classes T61-64 competing in Track and Road Events, the use of lower limb prosthetic device(s) is mandatory, therefore the athlete shall complete all race(s) (e.g. a Qualification Round, semi-final and final) with the lower limb prosthetic device(s).</p> <p>As per the general definition, a prosthetic device(s) acts as an artificial device that replaces a missing body part, and this applies to both upper and lower limb prosthetic device(s). Such device(s) are therefore considered as an extension of the human body. For this reason, once the race starts, the athletes running with the lower limb prosthetic device(s) must cross the</p>	<p>6.12 Prostheses</p> <p>6.12.1 Athletes in Sport Classes T/F61-64, with lower limb deficiency and leg length difference (meeting the Minimum Impairment Criteria Sec. 2.1.4.1 and Sec. 2.1.7 of appendix one of the WPA Classification Rules and Regulations) may wear lower limb prosthetic device(s) in order to ensure both legs are balanced and to allow for symmetric movement during Competition. Such prosthetic device(s) shall not provide any other assistance to the athlete or breach any of the fundamental principles outlined in Part B – 7.1.</p> <p>COMMENT: WPA has conducted a thorough review of the WPA Classification Rules and Regulations, and as a result introduced new Sport Class T/F61-64. These classes are exclusively for athletes with lower limb deficiency (e.g. amputation, dysmelia) and leg length difference, provided such athletes meet the respective Minimum Impairment Criteria and compete with prosthetic device(s).</p> <p>a) In Track and Road Events, athletes in Sports Classes T61-64 shall compete with lower limb prosthetic device(s) and shall complete the race with such device(s). Failure to comply with this Rule, the competing athlete shall be disqualified. Prostheses are considered an extension of the athlete’s body. If the athlete finishes the race without the prosthetic device(s), the athlete shall be disqualified.</p> <p>COMMENT: For athletes in Sports Classes T61-64 competing in Track and Road Events, the use of lower limb prosthetic device(s) is mandatory, therefore the athlete shall complete all race(s) (e.g. a Qualification Round, semi-final and final) with the lower limb prosthetic device(s).</p> <p>As per the general definition, a prosthetic device(s) acts as an artificial device that replaces a missing body part, and this applies to both upper and lower limb prosthetic device(s). Such</p>	<p>To remove unnecessary wording in this section</p> <p>Relevant text removed from the comment and brought to the body of the rule under Rule 6.12.1(a).</p>

		<p>finish line with such device(s). If the athlete finishes the race without the prosthetic device(s), the athlete shall be disqualified.</p> <p>...</p> <p>13. For Sport Classes T/F61-62 the actual height of an athlete in his Competition leg prostheses shall not exceed his Maximum Allowable Standing Height (MASH) in accordance with WPA Classification Rules and Regulations. The height of athletes shall be measured at the Call Room by Call Room Judges. If an athlete fails to comply with this Rule, then the athlete will not be permitted to start the event and shall be shown in the results as “DNS” in accordance with Rule 6.21.</p> <p>COMMENT: World and Regional Records For the purpose of record ratification, all World and Regional Records achieved by athletes in Sport Classes T/F61-62 must comply with Rule 51.10 Note (i).</p> <p>14. For Sport Classes T45-47 and F45-46 and athletes with upper limb impaired muscle power, impaired range of movement and limb deficiency (meeting the Minimum Impairment Criteria Sec. 2.1.6.2.1, Sec. 21.5.2.1, Sec. 2.1.4.2 and Sec. 2.2.1.1 of appendix one of the WPA Classification Rules and Regulations), the use of upper limb prosthetic device(s) is optional.</p> <p>a) In Track and Road Events, athletes in Sport Classes T45-47, that choose to compete with the upper limb prosthetic device(s), shall complete the race with such device(s). Failure to comply with this Rule, the competing athlete shall be disqualified.</p> <p>COMMENT: If the athlete decides to use the upper limb prosthetic device(s) during a race for Track or Road Events (e.g., a Qualification Round), then he shall complete such a race with the prosthetic device(s). Since the use is optional, the athlete can decide whether or not to use the upper limb prosthetic device(s) in the next race (e.g., in the semi-final or final in 100m).</p>	<p>device(s) are therefore considered as an extension of the human body. For this reason, once the race starts, the athletes running with the lower limb prosthetic device(s) must cross the finish line with such device(s). If the athlete finishes the race without the prosthetic device(s), the athlete shall be disqualified.</p> <p>...</p> <p>6.12.2-13 For Sport Classes T/F61-62 the actual height of an athlete in his Competition leg prostheses shall not exceed his Maximum Allowable Standing Height (MASH) in accordance with WPA Classification Rules and Regulations. The height of athletes shall be measured at the Call Room by Call Room Judges. If an athlete fails to comply with this Rule, exceeds his MASH then the athlete will not be permitted to start the event and shall be shown in the results as “DNS” in accordance with Rule 6.16.21.</p> <p>COMMENT: World and Regional Records - For the purpose of record ratification, all World and Regional Records achieved by athletes in Sport Classes T/F61-62 must comply with Rule 51.10 Note (i).</p> <p>6.12.3-14 For athletes in Sport Classes T45-47 and F45-46 and athletes with upper limb impaired muscle power, impaired range of movement and limb deficiency (meeting the Minimum Impairment Criteria Sec. 2.1.6.2.1, Sec. 2.1.5.2.1.1, Sec. 2.1.4.2 and Sec. 2.2.1.1 of appendix one of the WPA Classification Rules and Regulations), the use of upper limb prosthetic device(s) is optional.</p> <p>a) In Track and Road Events, athletes in Sport Classes T45-47, that choose to compete with the upper limb prosthetic device(s), shall complete the race with such device(s). Failure to comply with this Rule, the competing athlete shall be disqualified. Since the use is optional, the athlete may decide whether or not to use the upper limb prosthetic device(s) in the next race (e.g., in the semi-final or final in 100m). Prostheses are considered an extension of the athlete’s body. Once the race starts, athletes running with upper limb prosthetic</p>	<p>References amended in alignment with the WPA Classification Rules and Regulations.</p>
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			<p>Following the same principle indicated in the commentary under Rule 6.12(a), once the race starts, the athletes running with the upper limb prosthetic device(s) must cross the finish line with such device(s). If the athlete finishes the race without the prosthetic device(s), the athlete shall be disqualified.</p>	<p>device(s) must reach the leading edge of the finish line with such device(s). If the athlete finishes the race without the prosthetic device(s), the athlete shall be disqualified.</p> <p>COMMENT: If the athlete decides to use the upper limb prosthetic device(s) during a race for Track or Road Events (e.g. a Qualification Round), then he shall complete such a race with the prosthetic device(s). Since the use is optional, the athlete can decide whether or not to use the upper limb prosthetic device(s) in the next race (e.g. in the semi final or final in 100m). Following the same principle indicated in the commentary under Rule 6.12(a), once the race starts, the athletes running with the upper limb prosthetic device(s) must cross the finish line with such device(s). If the athlete finishes the race without the prosthetic device(s), the athlete shall be disqualified.</p>	<p>Relevant text removed from the comment and brought to the body of the rule under Rule 6.12.3(a).</p>
73	6.15 – 6.17	Amend (delete and add)	<p>Orthoses</p> <p>15. For athletes in Sports Classes T32-34/F31-34, T/F35-38, T/F42-44 and T51-54/F51-57 with Lower Limb Impairment with two anatomical limbs, the use of orthotic device(s) is optional.</p> <p>16. In Sport Classes T32-34/F31-34, T/F35-38, T45-47/ F45-46 and T51-54/F51-57, athletes with Upper Limb Impairment, the use of orthotic device(s) is optional.</p> <p>17. For athletes with lower and/or upper limb impairment the use of assistive devices other than those permitted in Rule 6.12, 6.14, 6.15 and 6.16 to facilitate running is not allowed.</p> <p>...</p>	<p>6.13 Orthoses</p> <p>6.13.1-15. For athletes in Sports Classes T32-34/F31-34, T/F35-38, T/F42-44 and T51-54/F51-57 with Lower Limb Impairment with two anatomical limbs, the use of orthotic device(s) is optional.</p> <p>6.13.2-16. In Sport Classes T32-34/F31-34, T/F35-38, T45-47/ F45-46 and T51-54/F51-57, athletes with Upper Limb Impairment, the use of orthotic device(s) is optional.</p> <p>6.13.3-17. For athletes with lower and/or upper limb impairment the use of assistive devices other than those permitted in Rule 6.12, or this Rule 6.14, 6.15 and 6.16 to facilitate running is not allowed.</p> <p>...</p>	<p>To reflect the amended numbering in rule 6</p>
73	6.18	Amend (delete and add)	<p>Eye mask</p> <p>18. Athletes in Sport Classes T/F11 must have their eyes/eye cavities completely covered by gauze patches or an equivalent material and must wear approved opaque glasses or an appropriate substitute during all track and/or field events. These opaque glasses or their substitute must completely cover the eyes of the competitor and must be checked and approved by the responsible technical official and must in their opinion</p>	<p>6.14 Eye mask</p> <p>6.14.1-18. Athletes in Sport Classes T/F11 must have their eyes/eye cavities completely covered by gauze patches or an equivalent material and must wear approved opaque glasses or an appropriate substitute during all track and/or field events. These opaque glasses or their substitute must completely cover the eyes of the competitor and must be checked and approved by the responsible technical official and must in their opinion</p>	<p>The amendments provide clarity and consistency on the disciplinary action when athletes do not comply with this rule.</p>

		<p>be effective in blocking out all light. These opaque glasses or their substitute may be inspected again at any time, including immediately before the start and/or after finish.</p> <p>Note (i): Eye patches and eye masks / opaque glasses or appropriate substitute must be worn from the time the athlete leaves the Call Room until the end of the event or, in the case of eye masks / opaque glasses (but not eye patches) until the end of the athlete's final trial in field events. In field events athlete may remove the eye mask / opaque glasses (but not eye patches) between trials in the event. Eye patches must not be removed until the athlete has left the field of play. Any athlete who removes his eye patches before leaving the field of play shall, for a first offence, be warned by the Referee normally by showing a yellow card. For a second offence, the Referee shall disqualify the athlete, normally by showing a red card.</p> <p>Note (ii): It is the responsibility of the athlete to provide the eye patches, eye masks / opaque glasses and to ensure that these eye patches, eye masks and opaque glasses or appropriate substitute meet this requirement. If an athlete fails to comply with this Rule, then the athlete will not be permitted to start the event and shall be shown in the results as "DNS" in accordance with Rule 6.21.</p> <p>Note (iii): it is not required for athletes to wear eye patches and masks during road races.</p> <p>COMMENT: Failure to comply with these requirements may result in disqualification of the athlete. It is also important for ITOs to remember that as Referees they must ensure that inspection of eye patches and eye masks must be conducted in the Call Room (see Rule 2.24) and that athletes wear proper eye patches and masks during the events for which they are intended to be worn. Where an athlete wishes to remove the eye patches or eye mask, they must ask for permission to do so. This shall not be unreasonably withheld by the Referee or Chief Judge of the event.</p> <p>...</p>	<p>be effective in blocking out all light. These opaque glasses or their substitute may be inspected again at any time, including immediately before the start and/or after finish.</p> <p>6.14.2 Note (ii): It is the responsibility of the athlete to provide the eye patches, eye masks / opaque glasses and to ensure that these eye patches, eye masks and opaque glasses or appropriate substitute meet the requirements set out in 6.14.1. If an athlete arrives at the call room and a) does not have eye patches, and/or an eye mask/opaque glasses/appropriate substitute, or b) the eye patches, an eye mask/opaque glasses/appropriate substitute fails to comply with this Rule, then the athlete will not be permitted to start the event and shall be shown in the results as "DNS" in accordance with 6.14, Rule 6.16 21 shall apply.</p> <p>6.14.3 Note (i): Eye patches and eye masks / opaque glasses or appropriate substitute must be worn from the time the athlete leaves the Call Room until the end of the event or, in the case (after the athlete has crossed the leading-edge of the finish line in track events or after the end of the athlete's final trial in field events) or after an athlete has retired from an event. Save for where Rule 6.14.4 applies, any athlete who removes his eye patches and/or eye mask/opaque glasses before the end of the event or before retiring from an event shall, for a first offence, be warned by the Referee in accordance with Rule 2.13.5. For a second offence in that Competition, the Referee shall disqualify the athlete in accordance with Rule 2.13.5. of eye masks / opaque glasses (but not eye patches) until the end of the athlete's final trial in field events.</p> <p>6.14.4 In field events an athlete may temporarily remove the eye mask / opaque glasses (but not eye patches) between trials in the event. Eye patches must not be removed until the athlete has left the field of play. Any athlete who removes his eye patches before leaving the field of play shall, for a first offence, be warned by the Referee normally by showing a yellow card. For a second offence, the Referee shall disqualify the athlete, normally by showing a red card.</p>	
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75	6.19 6.20	Amend (delete and add)	<p>Tether</p> <p>19. When competing with a guide-runner, athletes in Sport Class T11 and T12 shall be guided through a tether which shall be supplied by the athlete and shall comply with Rule 6.20. If an athlete fails to comply with this Rule, then the athlete will not be permitted to start the event and shall be shown in the results as “DNS” in accordance with Rule 6.21.</p> <p><i>Note (i): Only one tether shall be used between an athlete and his guide-runner(s) during a race.</i></p> <p><i>Note (ii): During a race the athlete and his accompanying guide runner may only be connected by way of the tether. The athlete and his accompanying guide runner may not hold hands, wrists or any other part of the other’s body so as to make the tether superfluous.</i></p> <p><i>Note (iii): If during a race their tether breaks then the athlete</i></p>	<p>6.15 Tether</p> <p>6.15.1-19. When competing with a guide-runner, athletes in Sport Class T11 and T12 shall be guided through a tether which shall be supplied by the athlete and shall comply with Rule 6.20. 15.4. If such an athlete fails to comply with this Rule, then arrives at the athlete will call room and a) does not be permitted to start have a tether, or b) the event and shall be shown tether is not in the results as “DNS” in accordance compliance with Rule 6.21 15.4, Rule 6.16 shall apply.</p> <p>6.15.2 <i>Note (i):</i> Only one tether shall be used between an athlete and his guide-runner(s) during a race.</p> <p>Note (ii): <i>During a race the athlete and his accompanying guide runner may only be connected by way of the tether. The athlete and his accompanying guide runner may not hold hands, wrists or any other part of the other’s body so as to make the tether</i></p>	<p>To provide clarity on the application of this rule</p> <p>Note(ii) moved under Rule 7.9 as this text is relevant to the method of guidance.</p>

			<p><i>shall be disqualified.</i></p> <p>COMMENT: The purpose of Note (iii) is to make it clear that it is the responsibility of the athlete to ensure that their tether is durable and serviceable and that, in the event that the tether breaks during a race, he will be disqualified under Rule 7.9</p> <p>20. The tether shall be made from non-elastic material and shall not store energy and/or offer a performance gain to an athlete. It shall consist of two closed holding loops and a middle section with two fixed spherical stoppers at each end.</p> <p>...</p> <p>c) At no point during a race shall an athlete or his guide-runner(s) be permitted to hold on to a stopper and/or any part of the middle section in a way that shortens the length of the tether.</p> <p>If an athlete and/or guide-runner fail to comply with these rules, the competing pair (the athlete and guide-runner) shall be disqualified.</p> <p>...</p> <p>COMMENT: The above diagram shows the minimum and maximum length that must be observed and respected at all times during the races for Track and Road Events. The Call Room Judges will conduct the appropriate inspection and will ensure that the length of the tether complies with the above Rule 6.19 and Rule 6.20</p>	<p>superfluous.</p> <p>6.15.3 Note (iii): If during a race their tether breaks then the athlete shall be disqualified.</p> <p>COMMENT: The purpose of Note (iii) is to make it clear that it is the responsibility of the athlete to ensure that their tether is durable and serviceable and that, in the event that the tether breaks during a race, he will be disqualified under Rule 7.9.</p> <p>6.15.4 20.–The tether shall be made from non-elastic material and shall not store energy and/or offer a performance gain to an athlete. It shall consist of two closed holding loops and a middle section with two fixed spherical stoppers at each end.</p> <p>...</p> <p>c) At no point during a race shall an athlete or his guide-runner(s) be permitted to hold on to a stopper and/or any part of the middle section in a way that shortens the length of the tether.</p> <p>If an athlete and/or guide runner fail to comply with these rules, the competing pair (the athlete and guide runner) shall be disqualified.</p> <p>...</p> <p>COMMENT: The above Figure 3 diagram shows the minimum and maximum length that must be observed and respected at all times during the races for Track and Road Events. The Call Room Judges will conduct the appropriate inspection and will ensure that the length of the tether complies with the above Rule 6. 15.119 and Rule 6.15.4. 20</p>	<p>Rule 6.20(c) moved under Rule 7.9 as this text is relevant to the method of guidance.</p>
76	6.21	Amend (delete and add)	<p>Non-compliance on equipment</p> <p>21. At all IPC Games and IPC Competitions (see Part B - 3.1.2 (a) and (b)) an athlete shall be excluded from participation in any event in which his competition equipment (i.e., racing chairs, RaceRunning frames, throwing frames, prosthetic device(s), tethers and eye masks) is not compliant with the rules. In such circumstances, the Call Room Referee (or other appropriate referee) must issue the athlete with a yellow card and he shall be shown in the results as “DNS”. A reference shall</p>	<p>6.16 Non-compliance on equipment</p> <p>6.16.1 21. At all IPC Games and IPC Competitions (see Part B - 3.1.2 (a) and (b)) an athlete shall An athlete (and in the case of a relay, his team) may be excluded from participation in any event in which his competition equipment (i.e., racing chairs, RaceRunning frames, throwing frames, prosthetic device(s), helmets, tethers and eye masks) is not compliant with the rules. In such circumstances, the Call Room Referee (or other appropriate referee) must issue the athlete with a yellow card.</p>	<p>To provide clarity on the application of this rule.</p>

			<p>be made in the official results to the Rule that has been infringed (for example, DNS + YC 6.13).</p> <p>In such circumstances, the athlete shall not be excluded from participation in further events of the competition under Rule 5.5.</p> <p>If the athlete's equipment is non-compliant for any subsequent event, then he shall also be excluded from that event. In such circumstances, the Call Room Referee (or other appropriate referee) shall show the athlete a second yellow card followed immediately by a red card and in such circumstances the athlete shall be excluded from participation in further events of the competition.</p> <p>The provisions of this Rule 6.21 relating to the issuing of a yellow card and/or red card by the appropriate Referee will also apply in circumstances where an athlete, having started or completed an event, is subsequently disqualified from that event for having competed using non-compliant equipment.</p>	<p>and he shall be shown in the results as "DNS". A reference shall</p> <p>6.16.2 If the athlete is able to make the necessary adjustments to ensure compliance with the rules or is able to obtain the missing equipment (e.g. borrowing a tether from the LOC), prior to the scheduled exit from the Call Room, he shall be permitted to compete. No event shall be delayed while an athlete makes adjustments to their equipment.</p> <p>6.16.3 If an athlete fails to comply with this Rule, then the athlete (and in the case of a relay, his team) will not be permitted to start the event and he (and in the case of a relay, his team) shall be shown in the results as "DNS". A reference shall be made in the official results to the Rule that has been infringed (for example, DNS + YC 612.2.13). In such circumstances, the athlete shall not be excluded from participation in further events of the competition under Rule 5.5.</p> <p>6.16.4 If the athlete's equipment is non-compliant for any subsequent event, then he shall also be excluded from that event. In such circumstances, the Call Room Referee (or other appropriate referee) shall show the athlete a second yellow card followed immediately by a red card and in such circumstances the athlete shall be excluded from participation in further events of the competition.</p> <p>6.16.5 The provisions of this Rule 6. 16.21 relating to the issuing of a yellow card and/or red card by the appropriate Referee will also apply in circumstances where an athlete, having started or completed an event, is subsequently disqualified from that event for having competed using non-compliant equipment.</p>	
77	6.22	Amend (delete and add)	<p>Helmets</p> <p>22. Helmets for Sport Classes T32-34, T51-54.</p> <p>The wearing of helmets is compulsory in all track and road wheelchair races. The helmet shall be a hard-protective shell that has a recognised international safety standard e.g.: Snell b-84/90/95, BSI 6863, EN 1078.</p>	<p>6.17 Helmets</p> <p>22-Helmets for Sport Classes T3231-34, T51-54.</p> <p>6.17.1 The wearing of helmets is compulsory in all track and road wheelchair racesand RaceRunning races. The helmet shall be a hard-protective shell that has a recognised international safety standard e.g.: Snell b-84/90/95, BSI 6863, EN 1078.</p>	The amendments provide clarity and consistency on the disciplinary action when athletes do not comply with this rule.

				<p>6.17.2 If an athlete arrives at the Call Room and a) does not have a helmet, or b) the helmet is not in compliance with Rule 6.17.1, Rule 6.16 shall apply.</p> <p>6.17.3 The helmet must be worn from the time the athlete leaves the Call Room until the end of the race. Any athlete who removes their helmet during this time, shall, for a first offence in that Competition, be warned by the Referee in accordance with Rule 2.13.5. For a second offence in that Competition, the Referee shall disqualify the athlete in accordance with Rule 2.13.5.</p> <p>6.17.4 The purpose of this Rule 6.17 is to ensure the safety of all athletes while on the track and is not intended to punish the temporary removal of a helmet for genuine reasons. For example, should an athlete need to briefly adjust their helmet while stationary, this shall not require disciplinary action.</p> <p>COMMENT: For safety reasons, athletes covered by this Rule are advised to wear a helmet on the track at all times (i.e. including after the race.)</p>	
			Rule 7: Assistance to Athletes	Rule 7: Assistance to Athletes	
82	7.9 - 7.12	Amend (delete and add)	<p>Assistance – Track and Road Events</p> <p>...</p> <p>9. The method of guidance between an athlete and his accompanying guide-runner shall be through a tether. In addition, the athlete may receive verbal instruction from the guide-runner. The guide-runner must complete his task while running (or walking) and is not allowed to use any mechanical means of transport.</p> <p>Note (i): The tether attachment shall only be established between hand(s) and/or arm(s) of the athlete and his accompanying guide-runner.</p> <p>Note (ii): The athlete and his accompanying guide-runner shall retain the tether attachment from the start of the race until the end of the race. No release shall be allowed until after the athlete and his accompanying guide-runner have both reached the vertical plane of the nearer edge of the finish line and</p>	<p>Assistance – Track and Road Events</p> <p>...</p> <p>7.9.1-9. During a race, the method of guidance between an athlete and his accompanying guide-runner shall be through a tether. In addition, the athlete may receive verbal instruction from the guide-runner. The guide-runner must complete his task while running (or walking) and is not allowed to use any mechanical means of transport.</p> <p>7.9.2-Note (i): The tether attachment shall only be established between hand(s) and/or arm(s) of the athlete and his accompanying guide-runner. The athlete and his accompanying guide runner may not hold hands, wrists or any other part of the other's body so as to make the tether superfluous.</p> <p>7.9.3-Note (ii): The athlete and his accompanying guide-runner shall retain the tether attachment from the start of the race until the end of the race. No release shall be allowed until after</p>	Text removed from the Tether rule and brought under Rule 7.9 as it is relevant to the method of guidance.

		<p>finished the race, except during the process of interchange of guide-runners.</p> <p>...</p> <p>10. The guide-runner is not allowed to push, pull or otherwise propel athletes in order to gain an advantage at any stage during a race.</p> <p><i>Note (i): Slingshotting is regarded as a technique whereby the guide-runner deliberately hurls his arm (attached to the athlete) forward in order to exert propulsion towards the athlete's running direction. Such a technique is not permitted at any stage during a race.</i></p> <p><i>Note (ii): A guide-runner may assist an athlete who has tripped or fallen to regain his footing and/or orientation as long as such assistance does not provide any advantage to the athlete towards his running direction.</i></p> <p>COMMENT: It is important for ITOs and other Technical Officials assigned at Track Events to watch for pushing, pulling, propelling or slingshotting.</p> <p>...</p> <p>11. For races of 5000m or longer athletes are allowed to use two guide-runners. However, only one interchange of guide-runners is permitted for each athlete per race. The interchange must take place without any hindrance to other athletes, and must take place only on the back straight.</p> <p><i>Note: Should there be an interchange of guide-runners, the athlete and the substituting guide-runner must both finish the event in order for the performance to be recognised.</i></p> <p>12. The intention to interchange guide-runners must be notified in advance to the Referee and Technical Delegate. The Technical Officials will determine the conditions of the interchange and will communicate these in advance to the athletes.</p>	<p>the athlete and his accompanying guide-runner have both reached the vertical plane of the nearer edge of the finish line and finished the race, except during the process of interchange of guide-runners.</p> <p>7.9.4 At no point during a race shall an athlete or his guide-runner(s) be permitted to hold on to a stopper and/or any part of the middle section in a way that shortens the length of the tether.</p> <p>7.9.5 If an athlete and/or guide-runner fails to comply with any part of this Rule 7.9, the competing pair (the athlete and guide-runner) shall be disqualified.</p> <p>...</p> <p>7.10.1 The guide-runner is not allowed to push, pull or otherwise propel athletes in order to gain an advantage at any stage during a race.</p> <p>7.10.2 Note (i): Slingshotting is regarded as a technique whereby the guide-runner deliberately hurls his arm (attached to the athlete) forward in order to exert propulsion towards the athlete's running direction. Such a technique is not permitted at any stage during a race.</p> <p>7.10.3 Note (ii): A guide-runner may assist an athlete who has tripped or fallen to regain his footing and/or orientation as long as such assistance does not provide any advantage to the athlete towards his running direction.</p> <p>7.10.4 If an athlete and/or guide-runner fail to comply with any part of this Rule 7.10, the competing pair (the athlete and guide-runner) shall be disqualified.</p> <p>COMMENT: It is important for ITOs and other Technical Officials assigned at Track or Road Events to watch for pushing, pulling, propelling or slingshotting.</p> <p>...</p> <p>7.11.1 For races of 5000m or longer athletes are allowed to use two guide-runners. However, only one interchange of guide-runners is permitted for each athlete per race. The interchange</p>	
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			Rule 14: Wheelchair and RaceRunning Frame Requirements	Rule 14: Wheelchair and RaceRunning Frame Requirements	
95 98	14.5 14.11	Amend cross reference	... 5 It is the responsibility of athletes to ensure that their wheelchair conforms to the requirements stipulated above. No event shall be delayed while an athlete makes adjustments to their wheelchair. If an athlete fails to comply with this Rule, then the athlete will not be permitted to start the event and shall be shown in the results as “DNS” in accordance with Rule 6.21. ... 11 It is the responsibility of the athlete to ensure that their RaceRunning Frame conforms to the requirements stipulated above. No event shall be delayed while adjustments to a RaceRunning Frame are being done. If an athlete fails to comply with this Rule, then the athlete will not be permitted to start the event and shall be shown in the results as “DNS” in accordance with Rule 6.21.	... 5. It is the responsibility of athletes to ensure that their wheelchair conforms to the requirements stipulated above. No event shall be delayed while an athlete makes adjustments to their wheelchair. If an athlete fails to comply with this Rule, then the athlete will not be permitted to start the event and shall be shown in the results as “DNS” in accordance with Rule 6.16.21. ... 11. It is the responsibility of the athlete to ensure that their RaceRunning Frame conforms to the requirements stipulated above. No event shall be delayed while adjustments to a RaceRunning Frame are being done. If an athlete fails to comply with this Rule, then the athlete will not be permitted to start the event and shall be shown in the results as “DNS” in accordance with Rule 6.16.21.	Cross - reference amended due to the renumbering under Rule 6.
97	14.8 (a)	Amend (delete)	8. RaceRunning Frame Requirements: a) No part of the RaceRunning Frame, or any attachments to it, shall extend forward beyond the hub of the front wheel nor backwards beyond the rearmost vertical plane of the rear wheels (including tyres). Additionally, the width of the frame, and any of its attachments, shall not be wider than the length between the insides of the rear wheel hubs, excluding the rear wheels. b) The maximum length of the RaceRunning Frame shall be 200cm, and the maximum width shall be 95cm including the tyres.	8. RaceRunning Frame Requirements: a) No part of the RaceRunning Frame, or any attachments to it, shall extend forward beyond the hub of the front wheel nor backwards beyond the rearmost vertical plane of the rear wheels (including tyres). Additionally, the width of the frame, and any of its attachments, shall not be wider than the length between the insides of the rear wheel hubs, excluding the rear wheels. b) The maximum length of the RaceRunning Frame shall be 200cm, and the maximum width shall be 95cm including the tyres.	Amended as some RaceRunning frames may have incorporated rear forks.
			Rule 18: The Race	Rule 18: The Race	

112	18.5 18.6	Amend (add)	<p>Lane Infringement</p> <p>5.</p> <p>a) In all races run in lanes, each athlete or the athlete's guide-runner shall keep within his allocated lane from start to finish. This shall also apply to any portion of a race where there is a requirement to run in lanes.</p> <p>b) In all races (or any part of races) not run in lanes, an athlete running on a bend, on the outer half of the track as per Rule 17.11, shall not step or run on or inside the kerb or line marking the applicable border (the inside of the track or the outer half of the track).</p> <p>Except as stated in Rule 18.6, if the Referee is satisfied, on the report of a Judge or Umpire or otherwise, that an athlete has infringed this Rule, he shall be disqualified.</p> <p>6. An athlete or the athlete's guide-runner shall not be disqualified for running out of his lane if he:</p>	<p>Lane Infringement</p> <p>5.</p> <p>a) In all races run in lanes, each athlete or the athlete's guide-runner shall keep within his allocated lane from start to finish. This shall also apply to any portion of a race where there is a requirement to run in lanes.</p> <p>b) In all races (or any part of races) not run in lanes, an athlete or the athlete's guide-runner running on a bend, on the outer half of the track as per Rule 17.11, shall not step or run on or inside the kerb or line marking the applicable border (the inside of the track or the outer half of the track).</p> <p>Except as stated in Rule 18.6, if the Referee is satisfied, on the report of a Judge or Umpire or otherwise, that an athlete or the athlete's guide-runner has infringed this Rule, he they or in the case of a relay event, their team shall be disqualified.</p> <p>6. An athlete or the athlete's guide-runner or in the case of a relay event, his team, shall not be disqualified for running out of his lane if he:</p>	To provide clarity that this rule is equally applicable to the accompanying guide-runner and relay teams.
113	18.8	Amend (add)	<p>8. For athletes in Sport Class T11 and T12, in track events run entirely or partly in lanes, each shall be allocated 2 lanes. The start lines in a staggered start will be lanes 1, 3, 5 or 7.</p>	<p>8. For athletes in Sport Class T11 and T12, in track events run entirely or partly in lanes, each shall be allocated 2 lanes. The start lines in a staggered start will be lanes 1, 3, 5 or 7.</p> <p>COMMENT: For the purpose of officiating, these two lanes should be viewed and marked as one lane (lanes 1 & 2 = lane 1, lanes 3 & 4 = lane 3, and so on). It is at the discretion of the athlete on which side of him his guide-runner shall run. Both the athlete and guide-runner must keep within their allocated lane (being the two allocated lanes together) from start to finish.</p> <p>Athletes in Sport Class T12 who do not compete with a guide-runner shall also be allocated two lanes. They may set their starting blocks anywhere along the start line within the allocated lane and must keep within their allocated lane from start to finish.</p>	To provide clarity on the interpretation of Rule. The new "COMMENT" clarifies that the two allocated lanes must be viewed and marked as one (1) lane.
			Rule 25: General Conditions	Rule 25: General Conditions	

158	25.7	Amend cross reference	Prosthetic Device(s) 7. For athletes competing in High Jump Events in sport classes T61-64, the use of prosthetic device(s) is optional. The relevant Official shall ensure that Rule 6.12(b) is observed.	Prosthetic Device(s) 7. For athletes competing in High Jump Events in sport classes T61-64, the use of prosthetic device(s) is optional. The relevant Official shall ensure that Rule 6.12.1(b) is observed.	Cross - reference amended due to the renumbering under Rule 6.
			Rule 27: General Conditions	Rule 27: General Conditions	
173	27.14	Amend cross reference	Prosthetic Device(s) 14. For athletes competing in horizontal Jumping Events in sport classes T61-64, the use of prosthetic device(s) is optional. The relevant Official shall ensure that Rule 6.12(b) is observed.	Prosthetic Device(s) 14. For athletes competing in horizontal Jumping Events in sport classes T61-64, the use of prosthetic device(s) is optional. The relevant Official shall ensure that Rule 6.12.1(b) is observed.	Cross - reference amended due to the renumbering under Rule 6.
			Rule 28: Long Jump	Rule 28: Long Jump	
173	28	Amend (delete and add)	The Competition 1. An athlete fails if: ... Note: The following Rule 28.1 (a) will come into force from 1 November 2020. a) he while taking off, breaks the vertical plane of the take-off line with any part of his foot/shoe or prosthetic device, whether running up without jumping or in the act of jumping, or;	The Competition 1. An athlete fails if: ... Note: The following Rule 28.1 (a) will come into force from 1 November 2020 2021. a) he while taking off (prior to the instant at which he ceases contact with the take-off board or ground), breaks the vertical plane of the take-off line with any part of his take-off foot/shoe or prosthetic device, whether running up without jumping or in the act of jumping, or;	Aligned with the 30 July 2020 World Athletics Amendments
			Rule 30: Official Implements	Rule 30: Official Implements General Conditions	
179	30	Amend (delete and add)	(Rule 187) 1. The implements used (not otherwise unique to Para Athletics) shall comply with current World Athletics specifications	(Rule 187) Implements 1. The implements used (not otherwise unique to Para Athletics) shall comply with current World Athletics specifications	Amended to reflect that the entire Rule 30 does not only relate to Official Implements.

			<p>3. ... Such implements will not be accepted if the same model is already on the list of those provided by the LOC. Unless the Technical Manager decides otherwise, not more than two implements may be submitted by any athlete for any throwing event in which he is competing.</p>	<p>3. ... Such implements will not be accepted if the same model is already on the list of those provided by the LOC. Unless the Technical Manager Delegate decides otherwise, not more than two implements may be submitted by any athlete for any throwing event in which he is competing.</p>	
			Rule 35: Seated Throwing Requirements	Rule 35: Seated Throwing Requirements	
214	35.3	Amend cross reference	<p>... 3. Athlete's Responsibility for Throwing Frame Compliance</p> <p>It is the responsibility of the athlete to ensure that their Throwing Frame conforms to the requirements stipulated in Rule 35.1. No event shall be delayed while an athlete makes adjustments to their throwing Frame. If an athlete fails to comply with this Rule, then the athlete will not be permitted to start the event and shall be shown in the results as "DNS" in accordance with Rule 6.21.</p>	<p>... 3. Athlete's Responsibility for Throwing Frame Compliance</p> <p>It is the responsibility of the athlete to ensure that their Throwing Frame conforms to the requirements stipulated in Rule 35.1. No event shall be delayed while an athlete makes adjustments to their throwing Frame. If an athlete fails to comply with this Rule, then the athlete will not be permitted to start the event and shall be shown in the results as "DNS" in accordance with Rule 6.16.21</p>	Cross - reference amended due to the renumbering under Rule 6.

APPENDIX 1

Bib Allocation Table

	Track Events	Jumping Events	Field Events
Ambulant Athletes	1 bib on back <u>and</u> 1 bib on breast	1 bib on breast <u>or</u> back	1 bib on back <u>and</u> 1 bib on breast
Wheelchair Racing	1 bib on back of the racing chair Optional: <u>and</u> 1 bib on the athlete's helmet		
Seated Throws			1 bib on back of throwing chair <u>and</u> 1 bib on breast
RaceRunning	1 bib on back of athlete Optional: <u>and</u> 1 bib on the athlete's helmet or on the side of the frame		

APPENDIX 2

Shoe Sole Thickness Table – (Aligned with the 15 July 2020 World Athletics Amendments)

Event	Maximum thickness of the sole as per Rule 6.5, Notes (i), (ii), (iii) and Figures 1 & 2 and Rule 6.10.(c)	Further Rule Requirement
Field Events (except Triple Jump)	20mm	Applies to all Throwing Events for ambulant athletes, and Vertical and Horizontal Jumping Events except the Triple Jump. For all Field Events, the sole at the centre of the athlete's forefoot must not be higher than the sole at centre of the athlete's heel.
Triple Jump	25mm	The sole at the centre of the athlete's forefoot must not be higher than the sole at centre of the athlete's heel.
Track Events up to but not including 800m	20mm	For relays the rule applies to the distance of the leg being run by each athlete.
Track Events from 800m and above	25mm	For relays the rule applies to the distance of the leg being run by each athlete.
Road Events	40mm	