



**Guide to Precautionary Measures for
Hosting International Tournaments and Events
During the Covid-19 Corona Virus Pandemic**

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Preamble

This Guide has been prepared in order to illustrate the precautionary measures that must be followed by the Sports Clubs affiliated to the People of Determination Sector during the COVID-19 pandemic based on the Guide to the Precautionary Measures for the Resumption of Sports Activities issued by the General Authority of Sports and the Circular of the National Emergency Crisis and Disaster Management Committee – the General Principles for Reopening Service and Recreational Facilities during the Period of Living with Coronavirus in respect to the Medical Precautions for Resuming Sports Activities in the State, and in agreement with the precautionary measures recommended by the competent authorities in the State to prevent the spread of Coronavirus (Covid-19).

In the public interest, and as part of the concern of the National Paralympic Committee for the safety and health of all members of Paralympic Sports in the State Clubs, we would like to illustrate herein the precautionary measures that must be followed by the clubs affiliated to Sports Clubs Department when hosting any international championships or camps and obliging the members, trainers, managers, players, technical controllers and referees prior to, during and after competitions.

Note

This Guide may be subject to change at any time in line with any precautionary resolutions issued in the Country, and the Emirate of Abu Dhabi.





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II. General Instructions

1. Instructions, guidelines and procedures issued in the General Principles for Reopening Service and Recreational Facilities during the Period of coping with Covid-19 shall be followed.
2. All clubs and teams shall carry out a PCR test for all the people concerned with the competition including players, technical and management staff, workers and employees of clubs, facilities and sports federations, referees and workers in the accommodation (hotel) and ensure that the PCR test result is negative prior to the resumption of the activity. And if any Covid-19 symptoms such as fever and cough appear.
3. Cases where players, technical and management staff and workers in Clubs shall be prohibited from attending trainings, matches, competitions and championships:
 - a. People with severe chronic diseases (proved by an approved medical report)
 - b. Those with health conditions affecting their immune system such chemotherapy for cancer treatment, organ transplanted, etc.
 - c. Those showing clear symptoms of infection such as fever or cough.
 - d. Those who come in contact with Covid-19 cases within the last 14 days.
4. Technical and management staff, players, referees and workers shall be subject to temperature screening before entry into public facilities and competition areas (racecourse, playground, swimming pool, shooting range) using thermometer fever detector (Thermal Cameras, Thermal





sensors). People with a temperature above 37.8°C, or with symptoms like fever, cough or as provided for in the attached General Principles shall be restricted from entry. Please inform the LOC if your athlete has an impairment which effects the athletes ability to control their body temperature.

5. Clubs Department shall, in coordination with the Healthcare Department entrust a doctor or specialist to monitor the precautionary measures and to ensure their application by everyone.
6. Clubs Department shall, in coordination with Environment, Health and Safety Department shall appoint a specialist to directly liaise, and constantly coordinate with the local concerned health authorities on issues relating to public health and Covid-19 pandemic procedures.
7. Clubs Department shall ensure that all doctors and officers are aware of the measures to avoid infection.
8. Players, technical and management staff, workers and personnel of Clubs and Sports Federations shall wear facemasks and keep at least 2m physical distance at all times. This excludes players during trainings and competitions only, depending on the type of sport and the extent of effect of the facemask on performance and efforts made. People of Determination's Companions shall be excluded from the rule of distancing for people in need of ongoing care.
9. All participants shall maintain their own equipment and personal items, and shall not share them with others.





10. Upon detection of Covid-19 cases among one or more players, technical or management staff or service staff, the following measures shall be applied:
 - a. The case(s) shall be immediately reported to local health authorities.
 - b. The case(s) shall be isolated according to the instructions of the local concerned health authority.
 - c. Players, technical, management and service staff and any people in direct contact with the team shall undergo coronavirus testing before resuming the activity.
11. If any Covid-19 case is registered, infected people and those in direct contact with them shall commit to medical instructions, including quarantine.
12. The local concerned health authorities shall evaluate the health condition and determine the subsequent procedures, and everyone shall comply accordingly.
13. No training or competition may be resumed unless after receiving two negative Covid-19 test results, or the guidelines issued for this issue.
14. Organizing Committee and Sports Clubs Department shall keep a record of confirmed Covid-19 cases, people in close contact with infected people and all details in this regard.
15. World Shooting Para Sport shall, in coordination with the Organizing Committee fix the minimum number of players who tested negative for Covid-19 as a condition for the competition to take place. In case the agreed quorum is not present among teams at the pre-competition





- technical meeting, the competition shall be cancelled or postponed for a period not exceeding the date determined for the tournament.
16. All teams shall bear the financial costs in connection with the precautionary and preventive measures, including the seasonal quarantine, isolation and lab tests in addition to all hospitalization expenses including the drugs necessary for the treatment.
 17. Return to the UAE: in addition to the precautionary and preventive measures provided for in the Guide to the Procedures of Travel of Local Sports Teams for External Camps and Tournaments, the following measures shall be taken on return from an external training camp or the participation in an external tournament.
 - a. A PCR Testing shall be carried out for the delegation before arrival to the UAE.
 - b. A PCR Testing shall be carried out for the delegation on arrival to the UAE at no cost.
 - c. The team shall undergo a maximum of seven days of hotel quarantine but shall be permitted to train within the sports facilities approved for the tournament during this period, while ensuring that no Covid-19 symptoms (fever, cough) appear among any member of the delegation.
 18. If any player is tested positive, they will be restricted from participating in the competitions following the date on which they tested positive and the participant may not claim any financial compensation for being





restricted from participation or request the postponement of the competition.

19. The Organizing Committee shall bear the cost of the PCR test cost for all participants on the sixth day following the entry of the delegation to the Emirate of Abu Dhabi (including Al Ain city). If all the delegation members are tested negative, they shall be permitted to carry out daily trainings and participate in the official and amicable matches subject to a 14-day health follow-up.
20. All participating delegations shall disclose the test results to the Organizing Committee. Any tampering or falsification of results or coverup of any person with a Covid-19 Coronavirus positive symptoms will subject the team to legal liability and penalty in accordance with the laws, regulations and legislation of the UAE.

Further Guidelines

- 1- The Organizing Committee shall coordinate with Environment, Health and Safety Department in order to ensure that the sports facilities are closed for sanitization before the arrival of referees and teams.
- 2- The Organizing Committee shall coordinate with Media Committee and urge participants to download AlHosn Application or similar applications on their mobile phones and disseminate awareness information to prevent the spread of the pandemic.





- 3- The Organizing Committee shall ensure that sanitizing materials are available and that sports equipment and apparel are sanitized on a regular basis throughout the tournament period.
- 4- If any conflict between the procedures of the Facilities, and the instructions in this guide, this guide's instructions shall prevail.

III. Precautionary Measures prior to Competitions

- 1- Teams shall send a statement with names of players and technical and management staff to the LOC together with a copy of negative PCR Tests from medical authorities approved by the Department of Health in Abu Dhabi within (48-72) hours of the start of the sports activity.
- 2- Team doctors shall consider the medical history and medical assessment of players prior to the competition and training sessions, mainly the carrying of temperature screening before each training session and each competition for all players and technical and management staff. People with a body temperature above 37.8°C, or with symptoms like fever, cough or as provided for in the attached General Principles shall be restricted from entry.
- 3- Teams shall use multiple buses or vehicles for transportation purposes while keeping 2m physical distancing. Buses or cars shall be sanitized before and after their use. Use by team members of individual cars for individual arrival is preferable.
- 4- Wherever possible, it is preferable that the team arrives at the exact time during which it needs to be present on the sports hall. Each member of





- the team shall bring their own bottle of water and not share bottles with other people.
- 5- There shall be no overlap in time or place designated for the arrival of teams and players in different competitions (an interval between the arrival of teams is preferable).
 - 6- Number of people present in changing rooms shall be restricted to the minimum authorized people and, where possible, entry frequency shall be limited (50% of the room capacity).
 - 7- Sanitation conditions shall be checked in all changing rooms.
 - 8- The Organizing Committee shall provide a separate Covid-19 isolation room at the Tournament Hotel during competitions for use in case of detection of any suspect covid-19 cases during team gatherings.
 - 9- Where possible, encourage hand washing as hand washing and sanitization are necessary for infection prevention. Hands shall be washed with soap and water for at least 20 seconds and then dried with disposable paper towels. If there is no soap and water, a hand sanitizer with at least 70% alcohol shall be used.
 - 10- It is not allowed to eat in places other than those designated for this purpose.
 - 11- Personal belongings and clothes shall be placed in a personal bag, and the bags shall not be left open in changing rooms or common areas.
 - 12- Ensure that tables, chairs, seats, clothes hangers, floors, taps, knobs, showers and toilets are regularly sanitized using sanitizing materials with at least 70% alcohol.





- 13- Upon entry into sports halls, each person shall be sanitized manually or through sanitization gates, and shall undergo temperature screening.
- 14- Players and technical and management staff shall spend a maximum of 10 to 15min in changing rooms.
- 15- The manager in charge of the team shall be advised to alert his team players not to spit on the floor and to use paper tissue and immediately dispose of it and sanitize their hands afterwards.
- 16- Avoid touching the face, to the extent possible.
- 17- Attend the arena/competition area with training or tournament Apparel.
- 18- Close all showers and regularly clean and sanitize all toilets.

IV. Precautionary Measures during Competitions

1. To the extent possible, entry into the competitions area shall be restricted to those who are absolutely necessary for training or match, with a maximum of (20) people per team allowed in team sports (football – basketball) and 50% of the capacity of open stadiums and arenas (athletic tournaments, shooting, archery) including players, technical and management staff and operation workers, taking into account the 2m distancing in closed halls and 5m in the course. This 50% rule does not apply to the shooting range in Al Ain.
2. Sports halls with large capacity shall be used for competitions to ensure physical distancing.





3. TV crews, media representatives and volunteers shall ensure to wear facemasks at all times and stay in the places designated for them while keeping the 2m distance apart at all times.
4. The Hygiene officer in the sports hall shall provide the best protection means (sanitizers and facemasks) for prevention purposes and must ensure they are available at all times.
5. Avoid touching the face after dealing with the ball or any other equipment.
6. Means of sanitization shall be provided for players and technical and management staff on the bench and 2m distance shall be maintained.
7. Each player shall use their own bottle of water and personal towel.

V. Precautionary Measures during Intermissions

1. Players and technical and management staff shall spend a maximum of 5 to 10min in changing rooms, taking into consideration 2m distancing and proper ventilation of the room.
2. Stadium janitor shall sanitize the players' benches and the seats of technical and management staff and referees prior to, and after intermissions.

VI. Precautionary Measures after Competitions

1. Make sure to leave the stadium/arena as soon as practicable (10min max following the end of the match).





2. Wash hands with water and soap for 20 seconds or use a hand sanitizer immediately after leaving the stadium.
3. It is preferable not to use the changing room after the match. If necessary, 2m distance shall be maintained.
4. It is prohibited to take shower in the sports hall facilities.
5. Keep the media rooms and common areas closed, and hold press conferences virtually only.

VII. Precautionary Measures during the Award Ceremony

1. The Award ceremony shall be held immediately following the announcement of the final results approved for each competition.
2. The Ceremony shall be attended only by the ceremony guests, the podium winners of the three first places, the technical and management staff of the winning countries and the teams, in addition to the tournament broadcasting channels and media staff.
3. The player shall take the medal and wear it themselves or, if they are unable to do so due to severe disability, through their assistant, or any member of the same team.
4. After the national anthem is played, memorial photos shall be taken and players shall keep 2m distancing in case there is more than one winning country in the coronation platform.
5. The crowned players shall not shake hands after the coronation ceremony and greet each other by raising of hands or movement of heads and shall wear facemasks throughout the coronation.





6. Coronation ceremony shall not exceed 5min, without calculation of the playing of the national anthem of the first-place winner team.
7. All athletes and medal presenters must wear a facemask for duration of the ceremony.

VIII. Precautionary Measures for Referees

Pursuant to the instructions of the Referee Committee and the Law and subject to the Circular of the Paralympic Committee to Clubs in respect of the health and safety of players and referees during sports competitions, the following precautionary requirements must be observed:

- 1- A maximum of (5) people shall be allowed at a time in the referee room, subject to 2m physical distancing.
- 2- Eating is prohibited in the changing room.
- 3- facemasks must be worn in the Club at all times even before the competitions.
- 4- Stay 10min maximum in the changing room.
- 5- Maintain 2m distance at all times inclusive when entering into, or exiting from sports halls except when not possible on the FOP when games is in progress.
- 6- Do not take group pictures. Greetings among players, referees and technical and management staff shall be done without physical contact.
- 7- Referees and supervisors shall use their own personal equipment and shall not use any equipment of other people during the match (whistle, cards, pens).





- 8- Supervisor, recorder, and timekeeper shall maintain 2m distance while on the recording and timekeeping platform.
- 9- Sanitization means shall be provided on the recording and timekeeping table.
- 10- If a player is injured during a match, rescuers shall be called by the referees provided that all players and referees maintain distance from the injured player and leave only the rescuer with the player and maintain 2m safe distance.
- 11- Supervisors and referees shall observe all the clauses stated herein, in coordination with the doctor, arena hygiene officer and the management staff of each team.





IX. General Precautionary Measures

- 1- Paper towels or other materials (adhesive tapes, bandage) shall be disposed of in a proper closed waste bin.
- 2- Cover coughs and sneezes with paper tissue or arms.
- 3- Wear facemasks at all times moving around, or being present in the club.
- 4- Upon entry into, and exit from the stadium, players shall wash hands and maintain physical distance during and after the match and during intermissions.

X. Impediments to Participation

1. People with chronic diseases and with life-threatening illnesses, including high blood pressure, chronic pulmonary disease, diabetes, obesity, asthma or those with immune system problems such as chemotherapy for cancer and other conditions requiring such treatment.
2. People with clear symptoms of respiratory infection, fever or cough or those with a temperature above 37.8°C.
3. People who have been in close contact with a person infected with Covid-19 during the last 14 days.

XI. Procedures followed on Detection of Covid-19 Cases

- 1- Follow the general instructions stated in Clause (I).
- 2- Report to the Organizing Committee any detected Covid-19 cases among players or the technical and management staff at any time during the exercise of any activity.





- 3- In the event of spread of the pandemic in a manner that poses a threat to the participants in the competition, the Organizing Committee shall, in coordination with the International Federation, take the appropriate decision in connection with the resumption, postponement or cancellation of the competition based on the recommendation of the local health authorities.

XII. Statement of Coronavirus Testing of Players, Technical, Management and Medical Staff and Assistants

1. Information List:

Country:

Game:

Class:

Date of Competition:

#	Name	Status	Test Result		Date of Test Issuance
			Negative	Positive	
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

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2. The Organizing Committee shall send the Statement above to the concerned health authorities at least 24 hours before the start of the competition, including the PCR test result effective for two weeks from the date of the result. Subject to the following:
 - a. To enclose a copy of a PCR test issued within (48–72 hours) before the start of the activity. Retesting shall be carried out once every (14) days.
 - b. The test shall be deemed as void (14) days following the date of result and no person shall be allowed to participate in the matches unless they submit a new test result.
 - c. Clause (X) hereof in respect of the procedures followed on detection of Covid–19 Cases shall be observed.

