

Paralympic Team Physician Needs and Demands



“Plan of Attack”



Event Coverage

- ⇒ Generalities.
- ⇒ Advance Considerations.
- ⇒ Coverage.
- ⇒ Equipment.

Generalities –Parasport injuries

- The vast majority of illness and injury seen will be the same as in able bodied sport.



Generalities -Sports Injuries

- ✓ No injury is unique to sports.
- ✓ Any injury can and does occur.
- ✓ Other conditions can and will present during participation.



Generalities -Sports Coverage



- ✓ Be prepared for the worst.
- ✓ Treat the injured athlete as a patient.
- ✓ Never allow a minor injury to become a major one.

Advance Considerations -Sports Risk Classification



Advance Preparation

- Know your athletes.
- Know the emergency action plan.
- Adjust your equipment, meds and plans accordingly.



Coverage -Communication

- ✓ Local event site communications.
- ✓ Inter and Intra team communications.
- ✓ Communication with IPC and local organizing committee.



Coverage -Equipment and Supplies



- ✓ Ability to cover basic medical needs.
- ✓ Awareness of what is available.
- ✓ Plan to deal with situations when proper equipment is not available.

Conclusion

- ✓ Prior to event consider what might go wrong and how you will deal with it.
- ✓ Be familiar with people, place, equipment and plan.
- ✓ Enjoy the experience!



Questions?



Equipment and Supplies -My Medical Bag



Equipment and Supplies -CASM “MEDISAC”



Equipment and Supplies - Sideline Trauma Bag



Advance Considerations - Evacuation Protocol

What is the plan for an injury?

- Who is first responder?.
- What is the signal for backup and mobilization of emergency response?.
- Who is calling/meeting EMT's, and where?.
- Which hospital do athletes/visitors go to....
- Practice, practice, practice...