

Working with SGBV survivors

Regional SGBV CM / IM Workshop

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San José, Costa Rica







- 1) Identify SGBV disclosure strategies
- Describe SGBV guiding principles for working with survivors
- Define SGBV case management and core multi-sectoral services



SGBV disclosure & safe access to services

Why do we want to facilitate disclosure of SGBV?





SGBV Disclosure & safe access to services

- Disclosure is when an individual approaches a case manager or service provider and tells them what happened with him/her. He or she may disclose his/her experience to a trusted family member or friend
- Safe & ethical access to services is required from the first contact with beneficiaries to build rapport and begin to establish the basis for a trusting relationship





SGBV Disclosure & safe access to services Work in pairs

- What can we do to facilitate SGBV disclosure?"
- What can we do to facilitate safe access to SGBV services?







Supporting Disclosure & Identification

Disclosure

- Raising awareness on SGBV core principles and service
 - Respectful and gender sensitive communication
- Create a safe space where survivors & their families can share their story

Ethical & Safe Access to services

- Signs of Abuse
- Safe referral pathways in place
- Staff, partners and other actors trained





What should we do after an SGBV disclosure?



Working with SGBV survivors: Guiding Principles



Give information

Right to confidentiality

informed consent/ assent

Right to Safety

Survivor-Centred

Child's Best Interests

Right to Non-discrimination

Emotional support

Dignity & selfdetermination

Strengthen resilience



Working with SGBV survivors: Guiding Principles



Group Work:

How would you translate into actions the SGBV guiding principles?



Survivor-centred approach

Aims to create a **supportive environment** in which each survivor's rights are respected and in which the person is treated with dignity and respect.

Recognizes that every survivor:

- Has equal rights but can react differently to the experience of SGBV
- Has different strengths, capacities, resources and needs
- Has the right to decide who should know about what has happened to her/him and what should happen next (age appropriate).
- Should be believed and be treated with respect, kindness and empathy. different and unique





Implementing a survivor-centred approach

- Validate the person's experience
- Seek to Empower the person
- Emphasize the person's strengths
- Value the helping relationship





Case management & multi-sectoral services



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Case management

- Case management is a process that involves many people and organizations to:
- Figure out what a person needs;
- Handle cases in an appropriate, systematic, and timely way;
- Give them options,
- Support them in getting their needs met, using their own strengths and assets;
- Talking with the person, coordinating with other organizations, advocating on behalf of clients and organizing things until the person's needs are met as much as possible.



SGBV Case management (CM)

"SGBV case management is **collaborative and structured** method for providing help to a survivor. It involves **an organization taking responsibility** to ensure that survivors are informed of all options to them and that issues and problems facing a survivor are identified and **followed up in a coordinated way**.

SGBV case management helps survivors to access necessary services, heal from experiences and feel empowered to recognize their strengths and resilience"





Survivor-centred CM & service provision

Case management

- Structured and systematic process with steps
- Empower the survivor and assisting them to make informed decisions
- Providing options to address all needs
- Coordinating with service providers and others
- Ensuring respect for SGBV guiding principles

Multi-sectorial services

- Responding to specific medical needs
- Providing legal support within the a particular framework
- Giving tailored psychological support
- Preserving physical safety





Key messages



- Respectful communication, safe spaces and referral pathways facilitate SGBV disclosure
- Survivor-centred approach and child's best interests principle must be applied when working with SGBV survivors.
- Safety, confidentiality, non-discrimination, dignity and selfdetermination are fundamental rights of SGBV survivors
- Case management is a structured and systematic process to empower survivors in coordination with multiple actors and service providers
- Psychological support, legal aid, health care and safety/security are multi-sectoral services to be offered to survivors of SGBV.





Resources

- IASC GBV case management guidelines 2017
- Inter-Agency CPSGBV SOP Jordan 2015
- International Protocol on the Documentation and Investigation of Sexual Violence 2014
- UNHCR-IOM LGBTI training package 2017





Thank you!

