Menstrual Hygiene & Incontinence If someone has severe **Management in Refugee Contexts** incontinence such as Dialogue with women fistula or is immobile and and girls and people also has incontinence, it is with incontinence on important to put the their MHM or person in contact with a incontinence priorities Private place to change health or disability related and needs and bathe, through Knowledge and organisation who can & ask for feedback on appropriate, accessible information on provide specialist support. responses and well-maintained menses and good (including on the use of water supply, sanitation MHM / incontinence and hygiene facilities practices catheters and pressure (gender-segregated if & opportunities for pads). communal or public + discussion with locks on doors) Cross-sectoral **Creating a supportive** communication and environment for people Available, appropriate action (WASH, camp with incontinence and & affordable sanitary management, menstruating women and protection & community services, girls to manage their incontinence materials shelter, logistics, health, incontinence or menses and associated non-food education, protection) items (soap, small on MHM and hygienically, safely, in bucket and lid, rope, incontinence in privacy and with dignity pegs) emergencies Key professionals are Safe, hygienic and knowledgeable, have discrete methods to confidence to, and be wash, dry and dispose able to effectively of sanitary / respond to incontinence incontinence needs and MHM needs protection materials Creating positive of women and girls social norms, breaking down myths and sensitisation of leaders, women, girls, men and boys