

TO: - IOC Members  
- WADA Accredited Laboratory  
- IOC Medical Commission  
Members  
- IOC Honorary Members  
- National Olympic Committees  
- NOC Medical Liaison Officers  
- International Summer Sports  
Federations on Olympic  
Programme  
- Youth Olympic Games  
Organising Committees  
- National Anti-Doping Agencies  
- World Anti-Doping Agency

Ref. No  
M/MH/MDH/C/FE/CJO/AMA/100/2010/CHMS/csIs  
By e-mail and fax

Cc: - Court of Arbitration for Sport

Lausanne, 24 June 2010

**IOC Anti-Doping Rules applicable to the 1<sup>st</sup> Youth Olympic Games in Singapore, 2010**

Dear Sir, Madam,

**A. IOC Anti-Doping Rules**

Please note that the IOC has finalised the *IOC Anti-Doping Rules applicable to the 1<sup>st</sup> Youth Olympic Games in Singapore, 2010* ("**IOC Anti-Doping Rules**") which will be in force in relation to the said **Games** ("**Youth Olympic Games**"). A copy of these IOC Anti-Doping Rules, as well as the World Anti-Doping Code, can be found, in English and French, on both the IOC website <http://www.olympic.org/medical> and the WADA website [www.wada-ama.org](http://www.wada-ama.org).

Please note that all defined terms contained in this letter shall have the same meaning as in the *IOC Anti-Doping Rules*.

Although it is your responsibility to study the contents of such document, we wish to bring the following points to your specific attention:

1. During the *Period of the Youth Olympic Games*, all *Doping Controls* initiated by the IOC shall include *Testing for all Prohibited Substances* and all *Prohibited Methods* referred to in the *Prohibited List*.

The *Period of the Youth Olympic Games* is defined as "the period commencing on the date of the opening of the Olympic village for the Youth Olympic Games, namely, 10 August 2010 up until and including the day of the closing ceremony of the Youth Olympic Games, namely, 26 August 2010".

The "*In-Competition Period*" is defined as "the *Period of the Youth Olympic Games*". In other words, the *Period of the Youth Olympic Games* shall be treated as an "in-competition" period.

*National Olympic Committees* are responsible to inform all their *Athletes* that they will be subject to *Doping Controls* at any time during the *Period of the*

*Youth Olympic Games* for all *Prohibited Substances* and all *Prohibited Methods* referred to in the *Prohibited List*.

2. All *Athletes* shall be subject, during the *Period of the Youth Olympic Games*, to *Doping Controls* initiated by the IOC at any time or place with no advance warning required to be given to the *Athletes*.
3. The IOC has authorised WADA to carry out *Doping Controls*, on behalf of the IOC, during the *Period of the Youth Olympic Games*, outside of Singapore and at non-Olympic venues inside of Singapore.
4. Pursuant to Article 15.1 of the *World Anti-Doping Code*, the IOC hereby authorises all *Anti-Doping Organisations* to carry out *Doping Controls* on the *Athletes* within their authority during the *Period of the Youth Olympic Games*, prior to the *Athlete* having validated his Olympic identity and accreditation card for the *Olympic Games* and/or subsequent to the *Athlete* having finished his or her final competition at the *Youth Olympic Games*.
5. The disciplinary procedure with respect to anti-doping rule violations arising upon the occasion of the *Youth Olympic Games* is contained in Article 6 of the *IOC Anti-Doping Rules*.
6. In view of the extended nature of the In-Competition Period, we remind you that an *Athlete* should request a therapeutic use exemption prior to taking any substance that is included in the *Prohibited List*. This procedure is explained in further detail in the *IOC Anti-Doping Rules*.
7. To the extent that an *Athlete*, accused of having committed an anti-doping rule violation, is a member of a Team Sport, or is participating in a sport that is not a Team Sport but where awards are given to teams, the International Federation concerned shall be present at the hearing of the Disciplinary Commission in order to help ensure that the sanctions imposed by the IOC are as provided in the applicable rules of the relevant International Federation.
8. Please note that the major changes from the *IOC Anti-Doping Rules* applicable to the *XXI Olympic Winter Games in Vancouver, 2010* are that there will be no results management during the 1<sup>st</sup> Youth Olympic Games in Singapore, 2010 and that there will be no IOC requirement for athletes to provide whereabouts information.

B. **The 2010 Prohibited List**

The *Prohibited List* is attached to this letter.

C. **Technical Procedures relating to Doping Control**

An Appendix 3 of the *IOC Anti-Doping Rules* is a document entitled "*Technical Procedures for Doping Control by SYOGOC*". This document complements the main body of the *IOC Anti-Doping Rules*.

D. **NOC Contact Person for anti-doping-related matters**

The IOC requests that all NOCs which are sending teams to the Youth Olympic Games forward to the IOC Legal Affairs Department (sarah.friberg@olympic.org), not later than 31 July 2010, the name, and the coordinates, of the person whom the IOC can contact from your NOC regarding anti-doping-related matters upon the occasion of the Singapore Youth Olympic Games.

Please ensure that the documentation and information referred to above is forwarded to all persons linked to your organization who have a need to know such documentation,

including to the *Athletes*, coaches and medical personnel. In particular, we ask that the NOCs take all appropriate steps in order that their athletes are aware of, and understand, the implications of the *IOC Anti-Doping Rules*.

Yours sincerely,

Urs LACOTTE  
Director General

Patrick SCHAMASCH  
Medical and Scientific Director

Howard STUPP  
Director of Legal Affairs

Encl. Prohibited List 2010