

Fight for Peace Global Alumni Programme

Preventing violence by engaging youth in combat sports

The programme aims at building local organisations' capacity to deliver Fight for Peace-like services in their communities.







Location Worldwide

Organisation Fight for Peace International

Start-end date 2011 – ongoing

Target group All young people living in communities affected by violence

Reach 76,680 young people in 21 countries

Partners The IKEA Foundation, Comic Relief, Laureus Sport

for Good Foundation, Canadian Department of Heritage,

and UK Sport

Key facts To date, Fight for Peace (FFP) has worked with 56 local

organisations from across 21 countries through which 76,680 young people are being reached in communities affected by violence. All 56 organisations have been trained at the FFP Academy in Rio, and have received support from FFP to adapt the FFP approach in their communities.

For inspiration www.fightforpeace.net



Summary

The Fight for Peace Global Alumni Programme (GAP) builds the capacity of community-based organisations (CBOs) around the world to deliver high quality support to young people in cities affected by violence. GAP provides intensive training in the FFP approach and 12 months of on-going consultancy support to help adapt the approach to be effective in each CBO community. The ultimate target for all of FFP's activities is to reach young people living in communities affected by violence. That includes young people who are heavily entrenched in criminal or violent activity, those at risk of involvement, and those not involved in violence but who are marginalised because they live in a community where there is violence. GAP aims to be of benefit to those young people by building the capacity and capability of CBOs in cities where youth violence is a critical issue.

Keys to success

Choosing the right partner organisations

In each city GAP selects 5-10 CBOs that are well established, sustainable, highly credible locally, and which already have good access to the targeted young people. Broadly, two types of CBOs are selected: boxing and martial arts clubs that want to establish youth programming around their sport; and youth programmes that want to add boxing and martial arts to engage young people involved in violence. Every CBO that is selected for GAP is already a leader in their community; GAP is designed to help them increase their impact and speed up their development. The CBOs that take part in GAP become FFP Alumni, and by the end of 2015 there will be approximately 120 Alumni members from 25 countries all aligned in their use of boxing and martial arts-based approaches to reducing youth crime and violence. These CBOs will collectively support over 100,000 young people.

Intensive training followed by long-term support

The CBOs that are selected to take part in the GAP receive five days of intensive training in all FFP principles and practices at one of the FFP Academies in Rio de Janeiro or London. This training is followed by 12 months bespoke consultancy to support adaptation of the FFP model, and build organisational strength and sustainability. The FFP toolkit, containing a wide range of delivery-ready tools and templates, further supports the participating organisations in the day-to-day delivery of their programmes to the local youth. Through their membership of the FFP Alumni, CBOs gain access to opportunities for peer-learning and partnership with other CBOs around the world. Finally, the use of the FFP Alumni brand and FFP's evidence-based research assists CBOs in building credibility with supporters and funders.





Sport for All objectives

Promote sport and physical activity

Fight for Peace promotes the practice of boxing and martial arts as a tool in the inclusion and development of young people.

Improve public health and well-being

The ultimate target of all FFP activities, including the training of local organisations, is to realise the potential of young people living in communities affected by violence by teaching them boxing and martial arts in combination with education and personal development.

How is the programme communicated?

The programme is communicated through a number of international sport for development and youth violence networks including Beyond Sport, Laureus, Comic Relief, Save The Children, and UK Sport, as well as via relevant local channels and networks in cities where FFP is building a GAP cohort.

How is the programme evaluated?

As an organisation development programme, outcomes are assessed on two different levels: (1) changes in the capability and capacity of CBOs that take in GAP; and (2) improved outcomes for the young people who attend the CBOs that can be attributed to this organisational change. FFP monitors GAP through a combination of self-assessments submitted by the CBOs, and direct assessments carried out by FFP. All CBOs are provided with support to build their measurement and evaluation capacity to help ensure self-assessment data is robust.

"We think that this programme works because it combines training CBOs in a sport for change model proven to work in Rio and London, but always allows for local adaptation and implementation by true local leaders."

James Baderman - GAP Manager - Fight for Peace International



Join the sporting society!

Globally, 1 in 4 adults is not active enough and more than 80% of the world's adolescent population is insufficiently physically active (World Health Organization). Let's reverse the trend and get moving.



Promote sport and physical activity

Recent changes in leisure and work practices, diet and a host of other trends has led to an increasingly sedentary lifestyle amongst the world's population. Sport for all programmes aim to promote sport and physical activity to mitigate the negative effects associated with these developments.



Improve public health and well-being

Sport and physical activity plays an important role in making societies healthier, happier and safer into the future. Successful sport for all projects help to stimulate these common benefits across entire communities.



Support active societies

Active societies involve many stakeholders such as parents, coaches, schools, local clubs, sports organisations, event organisers and grassroots activities, to name but a few. They can all be hugely influential in promoting healthier lifestyles within a community. Programmes that support and reinforce their efforts are vital for the encouragement and promotion of active societies around the world.



Provide equal access to sport

Every member within a community should have equal opportunity to live an active and healthy lifestyle. Effective grassroots programmes place a heavy emphasis on ensuring that all of their participants can enjoy this opportunity regardless of physical condition, race, gender, social conditions, geographical location or otherwise.



Foster Olympic legacy

The Olympic Games provide a source of inspiration and a vibrant expression of the Olympic values of excellence, friendship and respect. This unique power can energise communities to develop projects enabling and inspiring people to become and stay physically active into the future.

Become a key player in your community

A useful platform has been designed for organisations across the Olympic Movement that are managing Sport for All programmes, providing them with the knowledge, understanding and tools needed to improve existing programmes worldwide, as well as to create new ones.

Get inspired by more than 45 projects around the world

Learn more about best practices with our toolkit

Create your project based on proven academic research and experience of organisations

Share your experience and lead the way to inspire more projects

Connect with a vast network fueled by inspired partners

Find more information

- Sports and Active Society Programmes
- A Guide to Implementation
- www.olympic.org
- activesociety@olympic.org