



INTERNATIONAL
OLYMPIC
COMMITTEE

FACTSHEET 2 of 4

THE YOG SPORTS PROGRAMME

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The **"YOG DNA"** defines the spirit and identity of the Youth Olympic Games (YOG). It is also the official registered mark of the YOG, through which they are distinguished from the Olympic Games, while keeping the Olympic rings symbol. The YOG DNA highlights the freshness and dynamism of youth. It is about giving the best of oneself, discovering new cultures, making new friendships, pushing one's limits, expanding one's horizons and enjoying oneself. Having YOG-DNA also means being aware of the power of sport to make the world of better place. For participating athletes, becoming young Olympians means being ambassadors of sport, of Olympic values and advocates of a healthy lifestyle.

SPORTS PROGRAMME

INTRODUCTION

The specific nature of the Youth Olympic Games (YOG) is to be open to innovation for the International Sports Federations (IF). They can therefore innovate and develop their sports through the YOG, and **propose new events and formats of competition** (e.g. international teams, limited number of players). Sports not on the programme also have the opportunity to be showcased in the "Active" programme as part of the Learn & Share activities. As such telemark, ice climbing, bandy, parkour and icestock sports will be featured in the 2016 Lillehammer Active Programme. The sports programme of the YOG can also vary from a city to another depending on the venues and infrastructures available.

The IFs are responsible for the technical aspects of their sports, qualification criteria and defining the age groups of the participants.

The age groups depend on the sports and **disciplines** in which the athletes compete. The athletes must be 15, 16, 17 or 18 years old on 31 December in the year of the Games. These groups are defined in collaboration with the

relevant IF responsible for the sport. For example, in the Winter Youth Olympic Games Lillehammer 2016, the age group defined for alpine skiing is the athletes born between the 1st January 1998 and the 31st December 1999 (those who are 17 or 18 years old). Some exceptions are possible like for men in pairs and ice dancing which is reserved for an age group of 16 to 19.

The qualification criteria for the young athletes are prepared by the IFs in collaboration with the IOC. For each discipline, world and continental junior championships as well as junior world rankings, allow the athletes to qualify for the YOG. Just like for the Olympic Games, **universality is a key element** for the success of the YOG, with the participation of a maximum number of NOCs. There were 201 at the Nanjing 2014 YOG and 69 at the Innsbruck 2012 YOG. At least **four athletes per NOC** must take part in the Games – if possible two girls and two boys.



No new venues should be built to stage the YOG (or only under exceptional circumstances) and when a clear legacy usage can be guaranteed). They must support the **concept of sustainable development** as promoted by the Olympic Movement. The size and quality of these facilities must meet the YOG's objectives and be appropriate for the young athletes. A Main Media Centre is required, as well as facilities for the Learn & Share activities. All the sports venues should be located in the same



city, and the use of multi-sport facilities is encouraged.

Athlete training: during the YOG training facilities must be available **before, during and after competitions** in order to promote the development of the athletes and encourage the athletes to stay for the whole period which is a YOG principle.

SPORTING INNOVATIONS

SINGAPORE 2010

In 2010, the sports programme matched that of the London 2012 Olympic Games, with the same sports. As the YOG are open for innovations, some events were different from those on the programme of the Olympic Games. Basketball, for example, was played according to the 3-on-3 formula, with teams playing against each other on one half-court. The main distinction in the YOG programme, however, is the number of mixed gender teams or international team events. The aim is to encourage exchange and to get to know others.

INNSBRUCK 2012

As with the Summer YOG, the **events of the Winter YOG differ** from those of the Olympic Winter Games. In Innsbruck, for example, an ice hockey skills challenge was included. Mixed gender and/or mixed NOC team events took place in biathlon, curling, luge, ice skating, and skiing. The combination of cross-country skiing and biathlon was organised as a mixed gender team relay event. Several events were also seen for the first time on an Olympic programme, such as women's ski jumping, ski half-pipe and snowboard slopestyle.

NANJING 2014

New events made their debut, such as the basketball skills challenge, hockey5s, the canoe sprint and the athletics 8x100m relay. Golf and rugby sevens were also on the programme, as they will be at the Games of the Olympiad in Rio in 2016.

LILLEHAMMER 2016

The programme of the 2nd Winter YOG is based on the seven sports on the programme of the Sochi 2014 Olympic Winter Games (biathlon, bobsleigh, curling, ice hockey, luge, skating and skiing). Twelve **exciting new medal events** will make their debut in Lillehammer such as monobob in bobsleigh, ski slopestyle in freestyle skiing, cross-country cross free in cross-country skiing, Nordic mixed team NH/3 x 3.3km and team ski-snowboard cross.



Buenos Aires 2018

The sports programme, will see the addition of **new appealing events** such as BMX freestyle, beach handball, kiteboarding and cross country running.

IMPRINT

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PROGRAMME

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2016 Lillehammer Winter Youth Olympic Games Sports programme

Glossary : M = Men, W = Women

Sports	Number of events	Disciplines (If any)	Events	Quota	Age Groups	Year of birth
Biathlon (IBU)	6		7.5 km Sprint (M) & 6 km Sprint (W)	100	17-18	98-99
			10 km Pursuit (M) & 7.5 km Pursuit (W)			
			Mixed relay (2M & 2W)			
			NEW Single Mixed Relay (1M/1W)			
Bobsleigh & Skeleton (ISBF)	2	Bobsleigh	NEW Monobob (M) & NEW Monobob (W)	30	15-18	98-01
	2	Skeleton	Skeleton (M) & Skeleton (W)	40		98-01
Curling (WCF)	2		Mixed team (2M & 2W)	64	15-18	98-01
			Mixed doubles (1M & 1W)			
Ice Hockey (IIHF)	4		Tournament (M) & Tournament (W)	200	15-16	00-01
			Skills challenge (M) & Skills challenge (W)			
Luge (FIL)	4		Singles (M) & Singles (W)	70	15-18	98-01
			Doubles (1M/1W or 2M or 2W)			
			Team relay (3M/1W or 2M/2W or 1M/3W)			
Skating (ISU)	5	Figure Skating	Men (M) & Ladies (W)	76	15-17	99-01
			Pairs (1M/1W)		15-17 (W)	99-01 (W)
			Ice dance (1M/1W)		16-19 (M)	97-00 (M)
			Mixed NOC team (3M/3W)		15-19	97-01
	5	Short Track Speed Skating	500m (M) & 500m (W)	32	16-18	98-00
			1,000m (M) & 1,000m (W)			
			Mixed NOC relay (2M/2W)			
	7	Speed Skating	500m (M) & 500m (W)	56	16-18	98-00
			1,500m (M) & 1,500 m (W)			
			NEW Mixed NOC Team Sprint (2M/2W)			
Skiing (FIS)	9	Alpine Skiing	Slalom (M) & Slalom (W)	115	17-18	98-99
			Giant slalom (M) & Giant slalom (W)			
			Super-G (M) & Super-G (W)			
			Combined (M) & Combined (W)			
			Parallel Mixed Team Event (1M & 1W)			
	6	Freestyle Skiing	Ski half pipe (M) & Ski half pipe (W)	80	16-18	98-00
			Ski cross (M) & Ski cross (W)		17-18	98-99
			NEW Ski slopestyle (M) & Ski slopestyle (W)		16-18	98-00
	6	Snowboard	Half pipe (M) & Half pipe (W)	80	16-18	98-00
			Slopestyle (M) & Slopestyle (W)		16-18	98-00
			NEW Snowboard cross (M) & NEW (W)		17-18	98-99
	6	Cross-Country Skiing	Sprint Classic (M) & Sprint Classic (W)	90	16-18	98-00
			10 km Free (M) & 5 km Free (W)			
			NEW Cross-country Cross Free (M) & (W)			
	1	Nordic Combined	Individual Gundersen competition NH/5km (M)	20	16-18	98-00
	3	Ski Jumping	Individual (M) & Individual (W)	45	16-18	97-99
			Mixed Team (2M/1W)			
	2	Combined disciplines	NEW Nordic Mixed team NH/3x3.3km (3M/2W)	Neutral quota	16-18	98-00
			NEW Team Ski-Snowboard Cross (2M/2W)	Neutral quota	17-18	98-99