

# YOUTH OLYMPIC GAMES

## The Vision

The vision of the Youth Olympic Games is to inspire young people around the world to participate in sport and adopt and live by the Olympic values. It was during its Session in Guatemala City in July 2007 that the International Olympic Committee decided to create a new sporting event to educate, engage and influence young athletes, inspiring them to play an active role in their communities.

In less than a month, Singapore will make Olympic history by becoming the first host of the Youth Olympic Games

### What?

The Youth Olympic Games are a sporting event for young people, balancing sport, culture and education.

Young athletes will participate in high-level sporting competition and in a Culture and Education Programme (CEP) focused on themes ranging from Olympism and Olympic values to skills development.

Non-athletes (such as those participating in the Young Ambassadors and Young Reporters programmes) will also participate with the athletes in the CEP activities.

### Who?

The Youth Olympic Games aim to bring together talented young athletes between the ages of 14 and 18 from around the world (over 200 NOCs are expected for the Summer editions), but also non-athlete participants.

The first ever Summer Youth Olympic Games will bring together approximately 3,600 athletes and 1,450 officials in 2010 and the first Winter Youth Olympic Games will bring together around 1,000 athletes and 500 officials in 2012.

## When?

The Youth Olympic Games follow the traditional cycle of four years, with Summer Games in 2010, 2014, 2018, etc., and Winter Games in 2012, 2016, 2020, etc.

- First Summer Youth Olympic Games: Singapore from 14 to 26 August, 2010.
- First Winter Youth Olympic Games: Innsbruck (Austria) from 13 to 22 January, 2012.
- Second Summer Youth Olympic Games: Nanjing (China) in 2014.

For more information on the Youth Olympic Games, please contact <a href="mailto:pressoffice@olympic.org">pressoffice@olympic.org</a> or check out the website at <a href="mailto:www.olympic.org/YOG">www.olympic.org/YOG</a>





# YOUTH OLYMPIC GAMES OVERVIEW

## Sport Programme

The Sport Programmes for the Summer and Winter Youth Olympic Games will mirror those of the Olympic Games: 26 sports for Summer, 7 for Winter, but with fewer disciplines and events. Some of the disciplines will also be different from the Olympic Games ...

New Disciplines at Singapore 2010	
Basketball	3 on 3 Basketball
Canoe-Kayak	Head to Head
Cycling	Combined BMX/ Mountain Bike/ Road

... while some of the events will feature mixed-gender teams and teams with members from different National Olympic Committees competing together.

## Culture and Education Programme

The Culture and Education Programme runs alongside the sporting competition and will last for the duration of the Games. Athletes and non-athletes (such as the Young Ambassadors [see below]), will participate in activities centered on the following five themes:

#### **Olympism**

- History of Olympic Movement
- Olympism and Olympic Values

#### Skills Development

Sports context

#### Well-Being and Healthy Lifestyle

- · Risks in Sports
- Well-Being and Healthy Lifestyle

#### Social Responsibility

- · Community involvement
- Environment

#### Expression

 Digital Media initiation and development

# Young Ambassadors

This pilot programme, part of the Culture and Education Programme, features 30 young people nominated by their National Olympic Committees to help promote the Youth Olympic Games in their regions and communities before the Games and facilitate the CEP to the athletes during the Games. The Young Ambassadors are between the ages of 18 and 28, come from a variety of backgrounds -- from former Olympians to scholars -- and represent countries from Australia to Zimbabwe. Sixty per cent are female.

To contact the Young Ambassadors please write to: <a href="mailto:pressoffice@olympic.org">pressoffice@olympic.org</a>

# Journey of the Flame

The Singapore Organising Committee (SYOGOC) proudly announced the 'Journey of the Youth Olympic Flame', an initiative that intends to bring the Spirit of the Youth Olympic Games to each continent. The Flame will be lit in Athens in July and its journey will visit five international locations, including Berlin (Germany), Dakar (Senegal), Mexico City (Mexico), Auckland (New Zealand), and Seoul (Republic of Korea), before arriving in Singapore in August. Further details can be found at <a href="https://www.singapore2010.sg">www.singapore2010.sg</a>

