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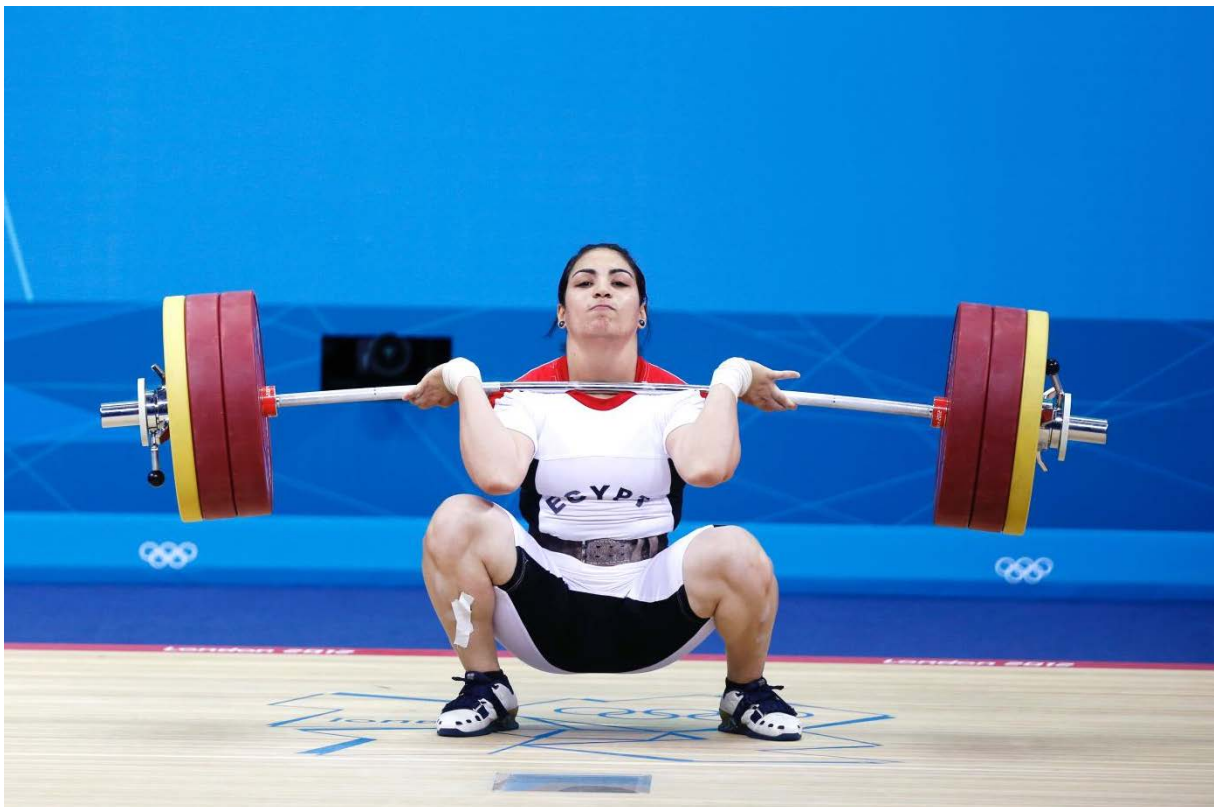
Olympic Studies Centre

WEIGHTLIFTING: History of Weightlifting at the Olympic Games

Reference document

Introduction, key stages and evolution in the number of events from this sport's beginnings to the present time.

March 2015



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Weightlifting

Introduction

Weightlifting was on the programme of the Games of the I Olympiad in [Athens in 1896](#), (included in the gymnastics programme). The sport was not staged at the Games in [Paris in 1900](#), but was re-included for the Games in [St Louis in 1904](#) (in the athletics programme), then disappeared again in [1908](#) and [1912](#). Since the Games of the VII Olympiad in [Antwerp in 1920](#), it has been on the programme of each edition. Women's weightlifting made its debut on the Olympic programme at the Games of the XXVII Olympiad in [Sydney in 2000](#).

Key stages

Entry	<ul style="list-style-type: none">• 1894: The programme of the Games in Athens in 1896 was voted on at a meeting of the Hellenic Committee which was held in November at the Zappeion in Athens. "Lifting weight" was on the gymnastics programme.• 1924: At the 23rd IOC Session held in Paris in June and July, the IOC drew up a list of obligatory and optional sports. Weights and weightlifting were kept on the Olympic programme.
Women	<ul style="list-style-type: none">• 1996: At the meeting of the IOC Executive Board in November in Cancun, it was decided to include women's weightlifting on the Olympic programme.

Evolution in the number of events

- 1896-1904: 2 events (men's)
- 1920-1936: 5 events (men's)
- 1948: 6 events (men's)
- 1952-1968: 7 events (men's)
- 1972-1976: 9 events (men's)
- 1980-1996: 10 events (men's)
- 2000-2016: 15 events (8 men's and 7 women's)

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Men's events

Weightlifting men	1896	1900	1904	1908	1912	1920	1924	1928	1932	1936	1948	1952	1956	1960	1964	1968	1972	1976	1980	1984	1988	1992	1996	2000	2004	2008	2012	2016	Total	
Heavyweight-one hand lift																													1	
All-around Dumbbell contest																													1	
Heavyweight-two hand lift																													2	
52kg																													6	
54kg																													1	
56kg																													17	
59kg																													1	
60kg																													17	
62kg																													5	
64kg																													1	
67.5kg																													17	
69kg																													5	
70kg																													1	
75kg																													17	
76kg																													1	
77kg																													5	
82.5kg																													17	
+82.5kg																													6	
83kg																													1	
85kg																													5	
90kg																													11	
+90kg																													5	
91kg																													1	
94kg																													5	
99kg																													1	
100kg																													4	
105kg																													5	
+105kg																													5	
108kg																													1	
+108kg																													1	
110kg																													6	
+110kg																													6	
Number of events men	2	0	2	0	0	5	5	5	5	5	6	7	7	7	7	7	9	9	10	10	10	10	10	10	8	8	8	8	8	25

Last update: March 2015



Women's events

Weightlifting women	1896	1900	1904	1908	1912	1920	1924	1928	1932	1936	1948	1952	1956	1960	1964	1968	1972	1976	1980	1984	1988	1992	1996	2000	2004	2008	2012	2016	Total	
48kg																													5	
53kg																														5
58kg																														5
63kg																														5
69kg																														5
75kg																														5
+75kg																														5
Number of events women	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	7	7	7	7	7	5

Total

Weightlifting	1896	1900	1904	1908	1912	1920	1924	1928	1932	1936	1948	1952	1956	1960	1964	1968	1972	1976	1980	1984	1988	1992	1996	2000	2004	2008	2012	2016	Total
Number of events	2	0	2	0	0	5	5	5	5	5	6	7	7	7	7	7	9	9	10	10	10	10	10	15	15	15	15	15	25

Grey column total = number of times on the programme