

Sport for All - for Life



Invited speakers & Proposed sub-themes and topics

(subject to changes)

1. Physical activity for young people

- New ways to activate young people to participate in Sport for All
- How can schools' physical education programmes meet the needs of young people and promote their health?
- Sports facilities: young people as a target group
- Sport for All for young people with a disability

Timothy ARMSTRONG, Department of Chronic Diseases and Health Promotion, World Health Organisation, Geneva, Switzerland

Ming-Kai CHIN, School of Health, Physical Education & Leisure Services, University of Northern Iowa, Cedar Falls, United States of America

Philip CRAVEN, International Paralympic Committee, Bonn, Germany

2. Role of Sport for All in the world of information technology

- Does the IT-lifestyle lead to sedentarity and modern diseases?
- Health and social costs of IT dominance/modern lifestyle – lack of physicality – in the modern world
- How can Sport for All programmes be advanced using information technology?
- What to activate – brain or muscle? Projections for the 22nd century

Stuart BIDDLE, School of Sport & Exercise Sciences, Loughborough University, Loughborough, Great Britain

Sigmund LOLAND, The Norwegian School of Sport Sciences, Oslo, Norway

Brian MARTIN, Physical Activity and Health Branch, Swiss Federal Institute of Sport, Magglingen, Switzerland

3. Sport for All's responses to the challenges of ageing populations

- Ageing or inactivity: which is the villain for functional deterioration?
- How can Sport for All counteract the harmful effects of ageing and promote healthy ageing?
- Sport for All programmes for elderly persons with a disability
- Why physical activity for health: to add years to life or life to years?

Wendy BROWN, School of Human Movement Studies, University of Queensland, St Lucia, Australia

Michael KJAER, Institute of Sport Medicine, University of Copenhagen, Copenhagen, Denmark

WEE Eng Hoe, Faculty of Sports Science & Recreation, Universiti Teknologi MARA, Shah Alam, Malaysia

4. Sport for All and social justice

- Economic and social benefits of Sport for All
- Sport for All as a vehicle to foster integration (of minorities, women, people with a disability, migrants, refugees and excluded social groups)
- Sport for All: provision of opportunities and support
- Promoting the Olympic values (excellence, friendship and respect) through Sport for All

Kelly FAIRWEATHER, Sport Performance Institute, Stellenbosch University, Stellenbosch, South Africa

Selina KHOO, Sports Centre, University of Malaya, Kuala Lumpur, Malaysia

Walter SCHNEELOCH, German Olympic Sports Confederation, Frankfurt-am-Main, Germany

5. Focus on the Olympic and Sports Movement's Sport for All initiatives

- Sport for All programmes of the National Olympic Committees (NOCs)
- Sport for All programmes of the International Federations (IFs)
- Multi-sectoral initiatives involving NOCs, IFs or sports organisations
- Impact of major sports events on the development of Sport for All

Sebastian COE, Organising Committee for the Games of the XXX Olympiad - London 2012, Great Britain

Georges-Emmanuel DENJEAN, International Cycling Union, Aigle, Switzerland

Moira TAN, Olympic Council of Malaysia, Kuala Lumpur, Malaysia