

**6th World Sport for All Congress**  
**"Global Family and Sport in the 21st Century"**

Seoul (KOR), 21 - 24 April 1996

## **SEOUL DECLARATION**

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**We**, the participants of the 6th World Sport for All Congress, hereby **declare** the role of sport in the 21st century to be an important cultural factor in improving the quality of human life.

As an ideal which transcends group differences, sport can contribute to the amicable resolution of pervasive political, racial and religious confrontations in the world.

Sport can also provide the ideal answer to improving physical, mental and social health.

**We**, the participants, **believe** that Sport for All

- should be guaranteed for everyone regardless of age, sex, race, religion, ethnicity, socio-economic status and physical or mental capability
- is of prime importance for physical and mental health
- is not a contradiction to elite sport
- is a family unit, serves as a social net and is the foundation for constructive human behaviour
- encourages family unity
- is a movement that encourages quality physical education and activities in schools, clubs, associations, professional bodies and the promotion of ethical and moral values
- contributes to the positive utilization of free time
- contributes to the integration of all people and prevents isolation and alienation
- serves as a preventive measure to combat anti-social behaviour
- should be an educational tool to preserve the environment and to reserve sufficient open space in urban development.

**We emphasize** the need for cooperation between the various international Sport for All organizations and **ask** the International Olympic Committee to lead the Sport for All movement in cooperation with the WHO, UNESCO and the GAISF.

**We call upon** all governmental agencies to support the development of Sport for All facilities as well as education and training programmes for the encouragement of qualified professionals to enhance the sport for all movement.

**We are grateful** to the Organizing Committee for their excellent preparations of the 6th World Sport for All Congress, held in Seoul (Korea) from 21st to 24th April 1996.